



BRIGHTON STEINER SCHOOL NEWS LETTER

6th May 2015
SUMMER TERM, ISSUE 3

"It must be love, love, love. Nothing more, nothing less, love is the best"



Early Summer

WHOLE SCHOOL COMMUNITY WORKDAY
AT
THE BRIGHTON STEINER SCHOOL

OPEN TO ALL!

TOMORROW!
Saturday 9th May
10am – 1pm.

**We shall all participate in gardening/
cleaning / painting / sorting tasks (indoors and out).**

Rounded off with a lovely lunch provided by the PTA!



FORTHCOMING EVENTS

May

Saturday	9 th	School Work Day
Wednesday	13 th	May Day - MS
Thursday	14 th	Class 9 Parents Eve
Saturday	16 th	School Open Day
Tuesday	19 th	Class 4 Fundraiser
Thursday	21 st	Whitsun Festival - MS

Early years

Friday	22 nd	Whitsun Celebration
--------	------------------	---------------------

The Community Treehouse is a new space linking up the Steiner Waldorf community worldwide – helping you and your young people travel around the world as well as making new friendships and connections online.

You can use the chat forums to share information and discuss issues, read the latest Waldorf news streamed from Waldorf organisations across the world, or arrange house exchanges, couch surfing trips, working holidays and youth exchanges within the worldwide Waldorf community.

There are nearly 4,000 Steiner Waldorf initiatives spread over 61 countries. We can learn so much from each other and help each other with so many things – as well as visiting each other's homes and supporting our young people to explore this wide world safely. Simply go to www.communitytreehouse.com to explore.

Abi and Orfhlaith, in the west of Ireland

Calling all Woodingdean families!

Lift needed to school on Mondays, Thursdays and Fridays for two children who have just started at the school.

Please contact Reception if you can help in any way.

Very many thanks

**BRIC A BRAC and THINGS ON WHEELS SALE. TUESDAY 19th MAY.
1pm and 3 pm.**

Look out for this Class 4 fundraiser.

Great bargains on toys, clothes, things on wheels and much more!

Brighton Steiner School

Open House

Saturday 16th May
11am - 2pm

"This school makes outstanding provision in meeting the needs of the range of children who attend. The outcomes for children are excellent."

Schools Inspection Service Report June 2013

Refreshments available

Brighton Steiner School, Roedean Road, Brighton, BN2 5RA, Tel: 01273 386300
Registered Charity No. 802036

7th May 2015

Dear Parents

Our next open day is coming up on Saturday 16th May from 11am to 2pm and yes open days are for you too. It is a chance to see areas of the school you may be unfamiliar with, such as to look at the next stage of your child's educational journey.

Come along and hear more about the lower and middle school curricula. Find out about the range of GCSEs currently available including sciences, see the science lab and speak with Rachel, one of our science teachers. Pupils' work will be on display, including a woodwork session. Meet and talk with subject, class and upper school teachers.

In the early years Jack will be running a felting session making felt balls with any parent and/ or child who wish to participate. Teachers will be available to talk to you about the kindergartens, including Singing Tree Kindergarten in Falmer and Parent and Child/ Parent and Baby groups.

Do come and find out more about our developments, including the planned Waldorf Nursery for children under 3 years. We are starting a new kindergarten breakfast club in September; kindergartens will be mixed ages from 3-6. We are also extending our afternoon sessions provision until 5.30pm.

Also do think about any friends or acquaintances who may be interested in the school or early year's settings. Simply telling others about the school is the best way to spread the word. Flyers are available in reception if you want to pass any on or display them. We hope to see you there even just for a chat with a cuppa and piece of cake that the PTA are kindly arranging for us.
The College of Teachers

NoticeBoard

Brighton Steiner School does not necessarily endorse the courses or adverts included in the newsletter.

Au Pair:

My name is Jule Luisa Bender and I am 18 years old. I live in Germany and attend the last class of the Freie-Waldorfschule Haan-Gruiten.

I would like to work as an au pair in England for the summer of 2015. I have some experiences with children because I have two brothers and one sister. I have different families where I babysit and I did my social internship two years ago in Carries Kindergarten. In my free time I like to play the guitar, sports and photography.

Please email me if you need an au pair or if you know any family that needs one. Thank you.

Jule.Luisa@gmx.de

My name is Grace Pambu Pesa and I am 16. I live in Switzerland and am currently in year 9. I would like to work as an Au Pair in July and August. I am very patient with children and often baby-sit my neighbours 5 year old child, creating various activities to keep them entertained!

For further details please contact me, Grace Pambu Pesa at nyotapambu@yahoo.fr or my linguistic exchange teacher Christine Racine 024 441 49 72 / 079 935 38 31

My name is Theresa and currently I'm a student at the Steiner school in Frankfurt, Germany.

In June I will finish my school career with my Abitur (A-levels). After this, I want to spent a year as an Au-Pair in the UK.

I thought about ways how I could find my perfect family. At my school I often see postings from students who want to come as an au-pair to Germany, or from around the world.

Are there are families who need an au-pair? I look forward hearing from you.

Theresa Mülverstedt

theresa-muelverstedt@web.de

Families Wanted

We are an Italian - German Family living in a small town nearby Munich. We have a daughter (12) and a son (9).

Since our daughter attends a Steiner School in Germany, we would like to get in touch with English families with children for a cultural exchange.

If interested please contact Simona Collin, e-mail: s.collin@hotmail.de

Dear colleague, parents and students, to benefit my internationale emergencypedagogics it is absolutely essential to prove my english. There fore I am looking for a place for a while from 2 till 3 month for bed and meal. In return I offer my participation (like wwoofen) or a Student-/adultexchange my place in germany. I am 57 years old an I growed up in a gastronomy. I am an educator, eurythmy and I have a Master of Art for healeurythmie. I am open for ideas and stimulation every typ.

Many greetings

Ulrike von Tschammer

ulrike.tschammer@bewegtekommunikation.de

Wanted

We are a family of 5 (plus a dog) and we are looking for a gentle person who would be interested to improve her/his French while looking after the children during the summer holidays.

We have a boy of 13 years, a daughter of 11 years and a son of 7 years, they all attend the Waldorf school in Ependes, close to Yverdon-les-bains. It is a beautiful Swiss region with a lake and the mountains very close.

It is not a full time job, it is a part time. There would be of course days off and excursion with us.

We would prefer a responsible person around 17 years (+/-). We are pleased to offer "cost and logis" for the months of July and August (or only one month of both). If two friends want to come together I am sure to find a second family close to us who would be happy as well to have an exchange-au pair to help out.

Sincerely

Isabelle and Gael ISELIN HEDOU

FOR SALE - wooden play kitchen handmade by My-KEA. £25. Call or text Gail 07776 250667.

CAMPING GEAR

Almost all you need for a camp set-up: 4-berth tent; mats, cooker, kettle, toaster, sleeping bags, fold-up armchairs, picnic set, sundries.

Selling this week-end at sensible prices. Phone 01273 474596 for further details and to view in Lewes. Patrick & Hazel Collinson.

Looking for a room in June

I am a 26 year old industrial engineer. I live in Colombia but coming to Brighton to attend an English course. In return for board and lodging I would like to offer help with child care etc plus a financial contribution. If you are interested please phone or email Ileana (Botero) or Laura directly.

Ileana

Tel: 01342 810 988

Email: ileanabotero@tiscali.co.uk

Laura

Email: alarcon89@hotmail.com

Mob: 07955281801

Many thanks, Laura

COTTAGE IN MALLORCA (Campanet, north-east of Inca) surrounded by orchards, with swimming pool, looking out towards the mountains. It is off the tourist track but 5 mins from the village and the main road to Palma airport, mountains and beaches (15 to 20 mins in many directions eg: Alcudia, Pollensa) and equally ideal for a family holiday or a personal retreat. There is also some separate accommodation in the grounds, so that two families could share, while living independently - a total of 6 single beds (3 twin rooms) and one double room + spare mattresses and a cot. Phone Graham 01452 812537 or email kennish46@gmail.com

Accommodation Needed

Part time Steiner School Teacher needs accommodation for Monday nights. Please call Sam - 07518296129

Living

Homeopathy at Rock Clinic

270 Eastern Road. Maggie O'Riordan RSHom.

Appointments 07793200959; www.homeopathyinbrighton.co.uk

Email: Maggie@homeopathyinbrighton.co.uk

Concessionary rates available

Scenar Therapy - A non-invasive biofeedback device to help the body self regulate.

Do you or your children suffer from any of the following?

- Stress
- Anxiety
- Sleep problems
- IBS
- Pain
- Depression
- Fatigue

Available for adults and children.

For more information please contact Jake Thompson (School Reception) - 07517697499

CREATIVE PSYCHOTHERAPY with Lisa Douglas MA, BA (Hons)

Dramatherapy - Creativity is the key to communication and change.

Therapy is often about talking our problems through. Dramatherapy offers something different and unique: the chance to explore challenging feelings that may be holding us back in our lives and relationships, in creative and dynamic ways.

It is a intended safe form of reality where we can begin to make experiments and rehearse change.

Tel: 07799 738449

Email: dramatherapy1@talktalk.net

Web: dramatherapy.yolasite.com

"You have this amazing natural ability to 'hold' the therapy and make me feel safe. You are so gentle, yet you challenged me to work with my inner negative perceptions in a concrete and productive way, thank you so much..."

Classical trained and very experienced flute and recorder teacher gives lessons near the school.

For further details please contact Katrin Heymann on 01273 622338 or email katrin.flute@gmail.com or visit www.musicteachers.co.uk

Child Minder

I am an ex Steiner school pupil and am currently studying Sociology at the University of Sussex.

I'm 20 years old and am an experienced child-minder. If anyone needs any part time child-minding please contact me at faith.rtd@live.co.uk

Fitness Fridays. 10-11am Happy Valley Park, Woodingdean.

Bootcamp class – all fitness levels. £5

Mums on the run – Term Time Only!

Mondays 9am – 9.45am, meet at the entrance of East Brighton Park.

Fitness class for Mums with or without kids in buggies.

Beginners welcome. £5

For more info call Lisa 07790 538 958

Former Steiner Parent has an allotment at Roedale Valley. It is long and flat and I have had it for 16 years.

I would welcome someone to share it, as it is too big for me now.

I have paid up to Oct - so no cost.

If interested please call Kate Statham on 01273 607490 or 07812949875

We are parents of a pupil of the Steiner School in Avignon in France and want to rent our house during July and august 2015 holidays. Could you please give following information in your school :

" We are parents of a pupil of the Steiner School in Avignon (South of France) and want to give to rent our house during next summer holidays. For 5/6 or persons, it is an ideal spot to discover Provence, with swimming-pool, ping-pong table, trampoline. Rent price 760 euros a week.

<http://maisonprovence84.canalblog.com> . In addition to that, you can rent a Mobile-Home for 4 persons. Rent price for the house + mobilhome 1250 a week. <http://mobilhome84.canalblog.com>

For information 00.33.490.51.97.17 / 00.33.668.40.50.01 - maisonprovence775@gmail.com "

Thank you very much

Bruno and Sylvie Hildesheim Duchateau

I am looking for a single bed.

Could you please contact me a.s.a.p. if you have one available. 07867788003 – Thank you

Are you interested in supporting people towards change?
Would you like to engage on a path of self-development?

The **Diploma Course in Biographical Counselling** offers both these things and more.

Year 1, Foundations in Biographical Counselling starts September 2015 is a course complete in itself, providing social and health care professionals with deepening skills for their personal and professional lives.

This first year is also a foundation for further training in the full three year *Diploma Course in Biographical Counselling* which is accredited by the BACP (British Association for Counsellors and Psychotherapists).

An introduction to the course will be held on 29th-30th May, Emerson College, Sussex. **Biography and Social Development Trust**, +44 (0)1342 822907 biogsoctru@aol.com www.biographywork.org

Rational Madness theatre presents - Text at Brighton Spiegeltent: Bosco

Award-winning theatre company Rational Madness bring a new version of Text by Paul Levy, a play with film based on real text conversations. What happens when a couple in relationship meltdown try to relight the fire via smartphone intimacy?

This play is very relevant to parents, teachers and teenagers from the school. The play explores our relationship with the digital world. It was written and is directed by school parent and trustee Paul Levy.

11th and 12th May at 7.30pm

Tickets are £8/£6 concessions.

There is also a free pre show talk and discussion at the venue at 5.30pm

Full details and booking at brightonfringe.org

Full link to the show here:

<http://ticketing.brightonfringe.org/performance/21250/text>

On Saturday 23rd May 2015 the World Foundation for Natural Science presents an afternoon that will literally change your life.

Today's man-made world is harming our health and it is wreaking havoc on Nature too. Find out the real causes of Colony Collapse in Bees, and solutions to this most pressing issue. Discover how you can help your family and friends to live a healthier, happier life - and in the process help Nature too.

Dr Zac Cox BDS Holistic dentist will share his over 20 years experience and expert knowledge of how to prevent and reverse disease - naturally. Find out why your mouth's health is absolutely vital to the health of your whole body. There are many natural, simple steps that you can take to improve your health - Nature really does have all the answers!

Dr Karl Cox PhD will share his experience of 19 years in information technology and will reveal the very real threats to our physical and emotional health from social media and the internet. Karl will also share his expertise on GMO, pesticides and industrial farming and why and how we can return to natural farming, healing ourselves and our planet at the same time.

For further information, please contact Dr Zac Cox at 07591036084 and Dr Karl Cox 07800990265. Look at the World Foundation for Natural Science website: www.naturalscience.org.

Seminar date: Saturday 23rd May 2015, 2-6 p.m., Brighton Steiner School hall.