



# BRIGHTON STEINER SCHOOL NEWS LETTER

13th May 2015  
SUMMER TERM, ISSUE 4

"I believe things cannot make themselves impossible"

## Brighton Steiner School

### Open House

**Saturday 16th May  
11am - 2pm**

*"This school makes outstanding provision in meeting the needs of the range of children who attend. The outcomes for children are excellent."*

*Schools Inspection Service Report June 2013*

**Refreshments available**

**Brighton Steiner School, Roedean Road, Brighton, BN2 5RA, Tel: 01273 386300  
Registered Charity No. 802036**

### **Classroom cleans**

This week our classes need a little extra sparkle in preparation for Open Day – Many thanks!

## The Sponsored Walk - an update

The PTA wanted to provide you with a quick update on the Sponsored Walk, which was held on the 25<sup>th</sup> April, especially focusing on people's feedback. The update below can be either read or sung (in tune with a famous Folk song - you can surely guess);

*Didn't we have a lu-ver-ly time,  
the day we went to Stanmer,  
A walk in the park.  
What fun, what a lark.  
And soup for only a pound, you know.  
When we were done, we prayed for the sun,  
But, alas, she disappoints us.  
Pack up Matt's tent, our energy's spent,  
Yet our smiles are wide.*



Okay, that is enough of my warm, fuzzy recollections but below you will find bona fide comments that have come in from attendees on the day;



"Lovely! Enjoyed it very much and good length for little ones."

"Well done everyone. Great Stuff!"

"Such a good way to start the weekend. My kids always complain about walking, so to make it a group school activity really helps create a positive connection to nature. Hope it can be termly."

"An amazing day! Well thought through event and fundraiser. Please do it next year!"

"Great walk did the toddler but maybe a little more signs."

Of course, casting aside my cloak of creativity you find beneath the psyche of a hard-nosed businessman whose daily mantra is, "show me the money!" (internal voiceover by Tom Cruise). Yet even on that front, we do not disappoint. With a little over 20 sponsorship forms submitted, so far, the PTA has already 'banked' approx. £1,400 which will help enormously towards, as yet undefined, project(s) within the school.

A last plea to any of our intrepid walkers who have not yet submitted their sponsorship forms - can you please hand in your forms (hopefully with corresponding money - cheques made payable to Brighton Steiner School PTA) to reception as soon as possible so that we can finalise the amount raised.



## Community Work Day

There was a contagious atmosphere of community and work spirit on Saturday at the work day.

When the sign up boards went up a couple of weeks ago – I was unsure of what I and my children would want to do on the day – so I only put that we would be attending. We arrived and were greeted with cheerful smiles.

My children organically chose tasks that so suited them – my eldest was a good help to the parents with very young children in entertaining them and keeping them safe. My youngest took up a task together with his friend and classmate to scrub the outer walls. Even when the rain came the two were busy on yet another task of carrying all unwanted leaves, soil and weeds from one side of the school to the other.

There was a much needed hot cupper and biscuits for all the hard workers at half time and then back to busy hands sanding, weeding and polishing.

The time flew by so fast and before I knew it, the School's bell rang calling each one of us to the hall where tables were set and delicious food was being served.

The smell of the cooking had drifted throughout the corridors all morning- making our mouths water. It was such a treat to sit down and eat.

The hall was buzzing with chitter chatter from young and old alike.

Then just as quickly as it had all been set up it was cleared away and everyone said their good-byes.

I would encourage all families to come and experience a Work Day – there is something magical about them!

Thank you very much to all of the families who came to the workday on Saturday.

All of your hard work is greatly appreciated!

Ooh, and wasn't the lunch good – thank you Steve & Claudia!

## **FORTHCOMING EVENTS**

### **May**

Thursday	14 <sup>th</sup>	Class 9 Parents Eve
Saturday	16 <sup>th</sup>	School Open Day
Tuesday	19 <sup>th</sup>	Class 4 Fundraiser
Thursday	21 <sup>st</sup>	Whitsun Festival – MS
Monday	25 <sup>th</sup>	No School – Half Term

### **June**

Tuesday	2 <sup>nd</sup>	School Begins
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### **Early years**

Friday	22 <sup>nd</sup>	Whitsun Celebration
Monday	25 <sup>th</sup>	No School – Half Term
Tuesday	2 <sup>nd</sup> June	School Begins

## **BRIC-A-BRAC and THINGS ON WHEELS SALE.**

**TUESDAY 19<sup>th</sup> MAY. 1pm and 3 pm.**

**Look out for this Class 4 fundraiser.**

**Great bargains on toys, clothes,  
things on wheels and much more!**

### **Calling all Woodingdean families!**

Lift needed to school on Mondays, Thursdays and Fridays for two children who have just started at the school.

Please contact Reception if you can help in any way. Many thanks

7th May 2015

Dear Parents

Our next open day is coming up on Saturday 16th May from 11am to 2pm and yes open days are for you too. It is a chance to see areas of the school you may be unfamiliar with, such as to look at the next stage of your child's educational journey.

Come along and hear more about the lower and middle school curricula. Find out about the range of GCSEs currently available including sciences, see the science lab and speak with Rachel, one of our science teachers. Pupils' work will be on display, including a woodwork session. Meet and talk with subject, class and upper school teachers.

In the early years Jack will be running a felting session making felt balls with any parent and/ or child who wish to participate. Teachers will be available to talk to you about the kindergartens, including Singing Tree Kindergarten in Falmer and Parent and Child/ Parent and Baby groups.

Do come and find out more about our developments, including the planned Waldorf Nursery for children under 3 years. We are starting a new kindergarten breakfast club in September, kindergartens will be mixed ages from 3-6. We are also extending our afternoon sessions provision until 5.30pm.

Also do think about any friends or acquaintances who may be interested in the school or early year's settings. Simply telling others about the school is the best way to spread the word. Flyers are available in reception if you want to pass any on or display them. We hope to see you there even just for a chat with a cuppa and piece of cake that the PTA are kindly arranging for us.  
The College of Teachers

Dear Families,

On **Tuesday the 19<sup>th</sup> of May** we shall once more be celebrating **National Children's Day** by hosting our own ***Rainbow day***, this time embracing the whole school! This is the morning when we come into school dressed in *either* as many rainbow colours as we can *or* many clothes in one rainbow colour. We accompany this gesture with a donation of £1 ("a shiny gold coin to the EY's children!") towards both the **NSPCC** and the **Save Childhood Movement**, who have initiated the day. (National Children's Day actually falls on Sunday the 17<sup>th</sup> May this year.)

The **Save Childhood Movement** resonates very strongly with the work we do here at the Brighton Steiner School and the parenting values that we endorse and we are keen to support the valuable work they do in the publicity, promotion and defence of the child's right to play and wellbeing.

You can read all about these eminent folk and their extraordinary roster of advisors by following the link here:

<http://www.savechildhood.net/aims.html>

You can also read about **National Children's Day** here:

<http://www.nationalchildrensdayuk.com/>

We will document the day for a future newsletter so you'll get to see the stunning effect of so much wonderful colour all together – have fun!!

Yours, rainbow-fully,  
The Early Years Dept.



## **School Administration Manager – Bristol Steiner School, Redland, Bristol**

Salary £20,000 - £24,000 depending on experience

*Ideally starting June 2015*

### **Hours of Work:**

During school term hours 8.30am – 4.30pm.

This is not a term-time only role but has some flexibility in hours during school holidays.

### **Benefits:**

6 weeks holiday (to be taken in school holidays).

Pension

The Bristol Steiner School is a unique independent school, part of the Steiner Fellowship since 1973. The Steiner approach addresses the child's intellectual, spiritual, emotional and practical development whilst nourishing their innate curiosity and love of learning through a balance of academic, artistic and practical activities. The school caters for up to 200 children from 3-16 across 2 sites (Redland and Cotham). The school is a registered charity.

The School Administration Manager is central to the school's leadership team (Finance Manager, College of Teachers and Board of Trustees). This is a challenging, diverse operational and administrative role, ideal for a highly organised, energetic individual wanting to make a difference and contribute to the spirit of the school.

The core purpose of the role is to support this very special school, its teachers and parents, by ensuring that all relevant operational systems, procedures and communications are run efficiently. This includes overseeing the school's regulatory compliance (liaising with government agencies, inspection bodies and the Steiner Fellowship as required), overseeing the school's HR, H&S and legal requirements (working with external consultants as required) and coordinating the work of the administrative and facilities staff.

### **The ideal person will:**

- Have experience of working in a similar role within a school or care environment.
- Have broad knowledge of the regulatory requirements relating to schools and have had some responsibility for overseeing HR and/or H&S before.
- Be able to demonstrate excellent communication and influencing skills
- Be a positive and organised force that relishes a challenge and loves variety.
- Enjoy having accountability and demonstrates a 'can do approach'
- Have strong IT skills
- Be a logical thinker, quick to prioritise and resolve problems
- Be resourceful and capable with great attention to detail
- Be flexible and remain calm under pressure
- Have an affinity with the aims of Steiner education

An enhanced DBS check (with relevant barred list check) will be required

### **Desirable Skills**

- First Aid Certificate
- HR or Health and Safety Qualification

To find out more or express an interest: please request a full job specification or a call back (if not attached to this advert) using the email below or visit the website <http://bristolsteinerschool.org/>

**To apply:** Please submit your CV as soon as possible, with a brief covering letter, marked for the attention of the Chair of the Trustees at [reception@bristolsteinerschool.org](mailto:reception@bristolsteinerschool.org). If we are able to take your application forward you will be required to complete an application form.

Closing Date for applications: 4pm Monday 1<sup>st</sup> June 2015

## **School Administrative Assistant/Receptionist (Temporary)**

### **Bristol Steiner School, Redland**

*Temporary Position until end of summer term 2015 – immediate start*

*Mon – Friday, 22-35hrs per week. Some flexibility to hours, but ideally spread over 5 days.*

*£7.50/hr*

*Closing Date for applications: Friday 22 May, 4pm.*

*Start Date: as soon as possible*

**Our School:** The Bristol Steiner School is a unique independent school, established in 1973. A member of the Steiner Fellowship, and part of a world-wide educational movement, the school provides a holistic education which nurtures the child's thinking, feeling and willing. The Steiner approach addresses the child's intellectual, spiritual, emotional and practical development whilst nourishing their innate curiosity and love of learning through a balance of academic, artistic and practical activities. The school caters for up to 200 children from 3-16 across 2 sites in Redland and Cotham.

**The Role:** We are seeking an additional reception/administrative resource to assist the office and leadership team during a particularly busy term. Duties include: Reception duties, being the first point of contact for prospective and current parents, staff and pupils; dealing with enquiries made by phone, email and in person; carrying out a variety of secretarial and admin work as required by the Admin team, Educational Co-ordinator and Finance Manager. Examples of work would be: preparing, mailing, collating and filing of reports, routine letters or forms, checking school registers, making routine phone calls, dealing with routine emails.

#### **The ideal person will:**

- Have excellent customer care skills
- Have some experience in a similar busy role, being used to parents or customers and children, and providing varied administrative support (work within a school or childcare environment an advantage)
- Good computer and keyboard skills (Intermediate MS Word and Excel as a minimum, typing qualification advantageous)
- Be flexible and willing to manage changing priorities
- Have a 'can do' attitude, take initiative and be able to work with minimum supervision
- Have a good standard of written English and great attention to detail
- Be conscientious and enjoy contributing to the team effort
- Show positive energy and enthusiasms and have a sense of humour!
- Previous school secretarial or marketing experience and a first aid qualification would be advantageous

*An enhanced DBS check (with relevant barred list check) will be required*

To find out more or express an interest: please request a full job specification or a call back (if not attached to this advert) using the email below or visit the website <http://bristolsteinerschool.org/>

To apply: In the first instance please submit your CV with a brief covering letter, marked for the attention of the Chair of the Trustees at [reception@bristolsteinerschool.org](mailto:reception@bristolsteinerschool.org). If we are able to take your application forward we will ask you to complete an application form.



# **Staff Vacancy Bulletin**

South Devon Steiner School is located on the A384 between Dartington and the A38. The school stands in beautiful grounds, including a biodynamic garden, providing a rich and natural environment for the whole community. It is a lively school with an active community built of parents, pupils and staff. There are around 300 pupils at the school, starting with the Parent & Toddler groups at age 1, and going all the way through to GCSE level at age 16 in Class 10. We are currently seeking to further develop the school to extend to Classes 11 and 12.

**We currently have vacancies in the following areas:**

## **Class 5 Teacher**

We are looking for a dedicated and capable Class Teacher to take our current Class 4 from September through to the end of Class 8. The class is enthusiastic, creative and hard working. They have been given a strong foundation and are looking for a teacher who will enjoy the challenge and commitment of continuing on their journey with them. A Steiner-Waldorf training is required for this post.

**Closing date: Friday 15 May 2015**

## **Eurythmy Teacher**

A vacancy has arisen for a part time eurythmy teacher to work with pupils from Kindergarten to class 10 from September 2015. The successful applicant would work alongside our current eurythmy teacher.

**Closing date: Friday 15 May 2015**

## **Games/Bothmer Teacher**

A are looking for a part time upper and lower school games/Bothmer teacher to join our games department. Bothmer training would be highly desirable. This post will require a broad range of games and teaching experience and an interest in helping our games department to develop to the future classes 11 and 12 would be advantageous.

**Closing date: Friday 29 May 2015**

**Job descriptions and application forms are available from the school office,  
[www.steiner-south-devon.org](http://www.steiner-south-devon.org) and from [employment@steiner-south-devon.org](mailto:employment@steiner-south-devon.org)**

# NoticeBoard

***Brighton Steiner School does not necessarily endorse the courses or adverts included in the newsletter.***

## **Au Pair:**

**My name is Jule** Luisa Bender and I am 18 years old. I live in Germany and attend the last class of the Freie-Waldorfschule Haan-Gruiten.

I would like to work as an au pair in England for the summer of 2015. I have some experiences with children because I have two brothers and one sister. I have different families where I babysit and I did my social internship two years ago in Carries Kindergarten. In my free time I like to play the guitar, sports and photography.

Please email me if you need an au pair or if you know any family that needs one. Thank you.

[Jule.Luisa@gmx.de](mailto:Jule.Luisa@gmx.de)

**My name is Grace** Pambu Pesa and I am 16. I live in Switzerland and am currently in year 9. I would like to work as an Au Pair in July and August. I am very patient with children and often baby-sit my neighbours 5 year old child, creating various activities to keep them entertained!

For further details please contact me, Grace Pambu Pesa at [nyotapambu@yahoo.fr](mailto:nyotapambu@yahoo.fr) or my linguistic exchange teacher Christine Racine 024 441 49 72 / 079 935 38 31

**My name is Theresa** and currently I'm a student at the Steiner school in Frankfurt, Germany.

In June I will finish my school career with my Abitur (A-levels). After this, I want to spent a year as an Au-Pair in the UK.

I thought about ways how I could find my perfect family. At my school I often see postings from students who want to come as an au-pair to Germany, or from around the world.

Are there are families who need an au-pair? I look forward hearing from you.

Theresa Mülverstedt

[theresa-muelverstedt@web.de](mailto:theresa-muelverstedt@web.de)

## **Families Wanted**

We are an Italian - German Family living in a small town nearby Munich. We have a daughter ( 12) and a son (9). Since our daughter attends a Steiner School in Germany, we would like to get in touch with English families with children for a cultural exchange.

If interested please contact Simona Collin, e-mail: [s.collin@hotmail.de](mailto:s.collin@hotmail.de)

Dear colleague, parents and students, to benefit my internationale emergencypedagogics it is absolutely essential to prove my english. There fore I am looking for a place for a while from 2 till 3 month for bed and meal. In return I offer my participation (like wwoofen) or a Student-/adultexchange my place in germany. I am 57 years old an I growed up in a gastronomy. I am an educator, eurythmy and I have a Master of Art for healeurythmie. I am open for ideas and stimulation every typ.

Many greetings

Ulrike von Tschammer

[ulrike.tschammer@bewegtekommunikation.de](mailto:ulrike.tschammer@bewegtekommunikation.de)

## **Wanted**

We are a family of 5 (plus a dog) and we are looking for a gentle person who would be interested to improve her/his French while looking after the children during the summer holidays.

We have a boy of 13 years, a daughter of 11 years and a son of 7 years, they all attend the Waldorf school in Ependes, close to Yverdon-les-bains. It is a beautiful Swiss region with a lake and the mountains very close.

It is not a full time job, it is a part time. There would be of course days off and excursion with us.

We would prefer a responsible person around 17 years (+/-). We are pleased to offer "cost and logis" for the months of July and August (or only one month of both). If two friends want to come together I am sure to find a second family close to us who would be happy as well to have an exchange-au pair to help out.

Sincerely

Isabelle and Gael ISELIN HEDOU

**FOR SALE** - wooden play kitchen handmade by My-KEA. £25. Call or text Gail 07776 250667.

## **CAMPING GEAR**

Almost all you need for a camp set-up: 4-berth tent; mats, cooker, kettle, toaster, sleeping bags, fold-up armchairs, picnic set, sundries.

Selling this week-end at sensible prices. Phone 01273 474596 for further details and to view in Lewes. Patrick & Hazel Collinson.

## **Looking for a room in June**

I am a 26 year old industrial engineer. I live in Colombia but coming to Brighton to attend an English course. In return for board and lodging I would like to offer help with child care etc plus a financial contribution. If you are interested please phone or email Ileana (Botero) or Laura directly.

Ileana  
Tel: 01342 810 988  
Email: [ileanabotero@tiscali.co.uk](mailto:ileanabotero@tiscali.co.uk)

Laura  
Email: [lalarcon89@hotmail.com](mailto:lalarcon89@hotmail.com)  
Mob: 07955281801

Many thanks, Laura

## **Personal Assistant Required** to support a disable mother living with two young children.

Enthusiastic female who's reliable and able to help with cleaning, shopping, preparing meals, ironing and going out. Non-smoking, driver essential; own car preferred.

Part-time £8.02 per hour.

Contact Mandy at [mgsproull@gmail.com](mailto:mgsproull@gmail.com)

**COTTAGE IN MALLORCA** (Campanet, north-east of Inca) surrounded by orchards, with swimming pool, looking out towards the mountains. It is off the tourist track but 5 mins from the village and the main road to Palma airport, mountains and beaches (15 to 20 mins in many directions eg: Alcudia, Pollensa) and equally ideal for a family holiday or a personal retreat. There is also some separate accommodation in the grounds, so that two families could share, while living independently - a total of 6 single beds (3 twin rooms) and one double room + spare mattresses and a cot. Phone Graham 01452 812537 or email [kennish46@gmail.com](mailto:kennish46@gmail.com)

## **Accommodation Needed**

Part time Steiner School Teacher needs accommodation for Monday nights. Please call Sam - 07518296129

## **Living**

### **Homeopathy at Rock Clinic**

270 Eastern Road. Maggie O'Riordan RSHom.

Appointments 07793200959; [www.homeopathyinbrighton.co.uk](http://www.homeopathyinbrighton.co.uk)

Email: [Maggie@homeopathyinbrighton.co.uk](mailto:Maggie@homeopathyinbrighton.co.uk)

Concessionary rates available

## **Scenar Therapy** - A non-invasive biofeedback device to help the body self regulate.

Do you or your children suffer from any of the following?

- Stress
- Anxiety
- Sleep problems
- IBS
- Pain
- Depression
- Fatigue

Available for adults and children.

For more information please contact Jake Thompson (School Reception) - 07517697499

## **Classical trained and very experienced flute and recorder teacher gives lessons near the school.**

For further details please contact Katrin Heymann on 01273 622338 or email [katrin.flute@gmail.com](mailto:katrin.flute@gmail.com) or visit [www.musicteachers.co.uk](http://www.musicteachers.co.uk)

### **Child Minder**

I am an ex Steiner school pupil and am currently studying Sociology at the University of Sussex.  
I'm 20 years old and am an experienced child-minder. If anyone needs any part time child-minding please contact me at [faith.rtd@live.co.uk](mailto:faith.rtd@live.co.uk)

### **CREATIVE PSYCHOTHERAPY with Lisa Douglas MA, BA (Hons)**

#### ***Dramatherapy - Creativity is the key to communication and change.***

Therapy is often about talking our problems through. Dramatherapy offers something different and unique: the chance to explore challenging feelings that may be holding us back in our lives and relationships, in creative and dynamic ways.

It is a intended safe form of reality where we can begin to make experiments and rehearse change.

Tel: 07799 738449

Email: [dramatherapy1@talktalk.net](mailto:dramatherapy1@talktalk.net)

Web: [dramatherapy.yolasite.com](http://dramatherapy.yolasite.com)

*"You have this amazing natural ability to 'hold' the therapy and make me feel safe. You are so gentle, yet you challenged me to work with my inner negative perceptions in a concrete and productive way, thank you so much..."*

**Fitness Fridays.** 10-11am Happy Valley Park, Woodingdean.

Bootcamp class – all fitness levels. £5

#### **Mums on the run – Term Time Only!**

Mondays 9am – 9.45am, meet at the entrance of East Brighton Park.

Fitness class for Mums with or without kids in buggies.

Beginners welcome. £5

For more info call Lisa 07790 538 958

**Raw food coaching** and classes available by experienced raw foodist, teacher and coach, Natalie Heath.

Do you want to learn how to incorporate more raw, living foods into your family's diet? Would you love to discover how to make delicious wheat, gluten, dairy and egg free cakes and desserts? Would you like help losing weight or increasing energy and vitality utilising a raw, live, whole foods approach?

I can teach personalised raw food classes and provide one to one, supportive coaching including menu plans, recipes and educational resources, either at your home or mine (5 mins from the school). Reasonable rates, group and block booking discounts available. Contact Natalie 07738 538094 / [mrsnatalieheath@yahoo.co.uk](mailto:mrsnatalieheath@yahoo.co.uk) to chat about how I can help you discover the exciting and transformational world of raw food cuisine!

### **Weleda Natural Skin & Body Care**

Great offers for many. Spend £60 and get a free 'Body Oil'. Spend £40 and get a free 'Skin food'.

Catalogue by the School notice boards.

Call Christine – 07985985520 – or call in at 2 Henley Road after drop off.

**Former Steiner Parent** has an allotment at Roedale Valley. It is long and flat and I have had it for 16 years. I would welcome someone to share it, as it is too big for me now.

I have paid up to Oct - so no cost.

If interested please call Kate Statham on 01273 607490 or 07812949875

**We are parents** of a pupil of the Steiner School in Avignon in France and want to rent our house during July and August 2015 holidays. Could you please give following information in your school :

" We are parents of a pupil of the Steiner School in Avignon (South of France) and want to give to rent our house during next summer holidays. For 5/6 or persons, it is an ideal spot to discover Provence, with swimming-pool, ping-pong table, trampoline. Rent price 760 euros a week.

<http://maisonprovence84.canalblog.com> . In addition to that, you can rent a Mobile-Home for 4 persons. Rent price for the house + mobilhome 1250 a week. <http://mobilhome84.canalblog.com>

For information 00.33.490.51.97.17 / 00.33.668.40.50.01 - [maisonprovence775@gmail.com](mailto:maisonprovence775@gmail.com) "

Thank you very much

Bruno and Sylvie Hildesheim Duchateau

**I am looking** for a single bed.

Could you please contact me a.s.a.p. if you have one available. 07867788003 – Thank you

Are you interested in supporting people towards change?

Would you like to engage on a path of self-development?

The **Diploma Course in Biographical Counselling** offers both these things and more.

*Year 1, Foundations in Biographical Counselling* starts September 2015 is a course complete in itself, providing social and health care professionals with deepening skills for their personal and professional lives.

This first year is also a foundation for further training in the full three year *Diploma Course in Biographical Counselling* which is accredited by the BACP (British Association for Counsellors and Psychotherapists).

**An introduction to the course will be held on 29<sup>th</sup>-30<sup>th</sup> May**, Emerson College, Sussex. **Biography and Social Development Trust**, +44 (0)1342 822907 [biogsoctru@aol.com](mailto:biogsoctru@aol.com) [www.biographywork.org](http://www.biographywork.org)

### **Rational Madness theatre presents - Text at Brighton Spiegeltent: Bosco**

Award-winning theatre company Rational Madness bring a new version of Text by Paul Levy, a play with film based on real text conversations. What happens when a couple in relationship meltdown try to relight the fire via smartphone intimacy?

This play is very relevant to parents, teachers and teenagers from the school. The play explores our relationship with the digital world. It was written and is directed by school parent and trustee Paul Levy.

11th and 12th May at 7.30pm

Tickets are £8/£6 concessions.

There is also a free pre show talk and discussion at the venue at 5.30pm

Full details and booking at [brightonfringe.org](http://brightonfringe.org)

Full link to the show here:

<http://ticketing.brightonfringe.org/performance/21250/text>

### **On Saturday 23<sup>rd</sup> May 2015 the World Foundation for Natural Science presents an afternoon that will literally change your life.**

Today's man-made world is harming our health and it is wreaking havoc on Nature too. Find out the real causes of Colony Collapse in Bees, and solutions to this most pressing issue. Discover how you can help your family and friends to live a healthier, happier life - and in the process help Nature too.

Dr Zac Cox BDS Holistic dentist will share his over 20 years experience and expert knowledge of how to prevent and reverse disease - naturally. Find out why your mouth's health is absolutely vital to the health of your whole body. There are many natural, simple steps that you can take to improve your health - Nature really does have all the answers!

Dr Karl Cox PhD will share his experience of 19 years in information technology and will reveal the very real threats to our physical and emotional health from social media and the internet. Karl will also share his expertise on GMO, pesticides and industrial farming and why and how we can return to natural farming, healing ourselves and our planet at the same time.

For further information, please contact Dr Zac Cox at 07591036084 and Dr Karl Cox 07800990265. Look at the World Foundation for Natural Science website: [www.naturalscience.org](http://www.naturalscience.org).

Seminar date: Saturday 23<sup>rd</sup> May 2015, 2-6 p.m., Brighton Steiner School hall.