



# BRIGHTON STEINER SCHOOL NEWS LETTER

6th March 2015  
SPRING TERM, ISSUE 7

*"It is good people who make good places"*

## Brighton Steiner School

Open Morning  
*"A day in the classroom"*

**Saturday 7<sup>th</sup> March, 11am - 2pm**

*"This school makes outstanding provision in meeting the needs of the range of children who attend. The outcomes for children are excellent."*

*Schools Inspection Service Report June 2013*

Call reception to book your place in the classroom - adults only  
Creche and Refreshments available

**Brighton Steiner School, Roedean Road, Brighton, BN2 5RA, Tel: 01273 386300  
Registered Charity No. 802036**

**Open Day - Saturday 7th March —**

**Please come and see how the other classes are working. You are welcome to bring family and friends to have a look around our beautiful school.**

**Parents please remember to deep clean your classroom in preparation for tomorrow.**

- **dusting surfaces**
- **sweeping / hoovering floors to classroom and cloakroom**
- **hoovering chalk dust off blackboard shelf**
- **tidying up coats and shoes**
- **washing up**
- **cleaning the sink**
- **mopping the floor**

**Please make every effort to remember your turn. Every class should have in place a parent cleaning rota. Please check the rota if you are unsure.**

**Thank you. See you tomorrow!**

# PTA News

## School Calendars (and Photos) For Sale

Only a handful left of these beautifully crafted 2015 calendars. Only £8 each (cost price). The calendar includes all term dates, colour coded festivals and community participation days like Community Work Days, Open Days, Fun Fundraising Events.

Run like crazy and then form an orderly queue at the following locations before they're all gone:

- Hawk supplies (next to reception)
- The School Reception desk. Jake will also throw in a free set of steak (or Quorn) knives! No I won't! - ed

But wait! That's not all!

The lovely unstaged photographs in the calendar are also available for £5 each. All taken over the course of 2014 by professional photographer

Lisa Muzzolini - Louie's Mum in Carrie's Kindergarten. To purchase please email [thebrightonsteinerschoolpta@outlook.com](mailto:thebrightonsteinerschoolpta@outlook.com)  
All orders need to be in by the 13th March. That's only two weeks away people!

## The Ides of March

The 1st Annual General Meeting of the PTA will be on the evening of the 16th March (time TBC). OK it's not quite the Ides of March but near enough! And it's doubly fitting as this is when the current PTA committee relinquish their positions and we vote in new committee members. A bit like the assassination of Julius Caesar only with less blood!

It's the perfect time for you to come along and find out more about the PTA and how you can get involved. You don't need to be voted in as a committee member to take part. You can just turn up and meet people and maybe even volunteer a little. We'll probably have wine and cheese! Or at the very least, tea, biscuits and scintillating discussion.

## Volunteers and Generally Mucking In

Recently we put out a call for a graphic designer to help the PTA create some lovely new communication materials. Laura Morales, Mila's Mum from Rosie's playgroup, stepped up the plate. Thanks Laura!

There's loads of fundraising projects on the horizon that you can get involved with. As for the course you get to meet other parents and teachers and gain a deeper insight into the school.

We're currently really keen for:

- Anyone within our community that works in Barclays Bank.
- Caterers or would be caterers
- 1st aiders, walk marshals, parking attendants

Get in touch! Email us at [thebrightonsteinerschoolpta@outlook.com](mailto:thebrightonsteinerschoolpta@outlook.com)

## The PTA in the Community

The PTA recently received a grant from the Whitehawk Association to buy a bell tent. We'll taking the tent to local festivals to introduce people to the Brighton Steiner School. We'll be at the Whitehawk Festival in July, The Apple Festival in Stanmer Park in September and Seedy Sunday in February. More details on this will follow in the coming months.

## Let Us Know What You Think

The PTA would like to hear from you, so if you have any ideas, suggestions, or comments - positive and negative!

Please send us an email:

[thebrightonsteinerschoolpta@outlook.com](mailto:thebrightonsteinerschoolpta@outlook.com)

Without your input we won't know if we are getting it right or wrong!

And watch this space for more news and events!

Kind Regards,

Patrick Donohoe (Hugo's Dad in Carrie's Kindergarten) on behalf of the PTA.



## **DATES FOR YOUR DIARY**

7 <sup>th</sup> March	-	Open Day
10 <sup>th</sup> March	-	Eys Parents Evening
16 <sup>th</sup> March	-	PTA AGM
20 <sup>th</sup> March	-	The Cabin
25 <sup>th</sup> April	-	Sponsored Walk

Dear Parents,

The team at Imagine A School Where, have been working on creating a magazine with a particular focus on raising happier and successful children through conscious parenting and much, much more. Do you have 10-15 minutes of time to complete this small survey?

Please do take a look and see what you think.

We would love to be part of a world and culture that deeply supports the needs of the growing child and young adults who can make a difference in the world, by having the courage and confidence to share their unique gifts with us all.

If this is something that sounds interesting to you, please do consider taking a sneak peak at our survey and offer us your feedback.

Thank you so much!

Love Priya and the team at Imagine A School Where.

<https://www.surveymonkey.com/s/LV67X66>

### **Pedestrian Safety**

It has been observed that parents and carers are parking on double yellow lines and zigzag lines in front of the school.

Some drivers of oncoming cars then need to enter the opposite side of the road to overtake the illegally parked cars.

This is endangering pedestrians who wish to cross with the Crossing Patrol Officer.

- Please consider other children and adults crossing the road
- Please look for a more suitable pick up / drop off point.
- Ensure no Taxi double parks outside the school

Thank you

### **CONTAGIOUS DISEASES**

If you suspect that your child or children may have contracted a contagious disease, please inform reception immediately.

Currently we have one pupil whose medical treatment leaves them very susceptible to contracting these diseases; measles and chicken pox are especially dangerous.

Thank you for your consideration.

## LOCAL host families urgently needed for this Summer term.

The Upper School provides the opportunity for visiting students from other European Steiner schools to be a part of our school community, where they join classes 9 or 10 for lessons, make new friends and improve their English.

During this time the students need a host family to provide a warm and welcoming family base.

Host families are expected to provide a room, meals and a positive family experience.

The host family and the family of the visiting student would correspond to make financial arrangements, ground rules etc. Usually the rate of payment is £150 per week.

If you are interested in hosting please contact Sarah Starky on 01273 386300 ext 206 or

[sarah.starky@brightonsteinerschool.org.uk](mailto:sarah.starky@brightonsteinerschool.org.uk) for more information.

Host family is ALSO needed for a visiting German student coming on work experience in one of the kindergartens.

The approx timing for this is:

8<sup>th</sup> June – 10<sup>th</sup> July

Please contact Annette if you are interested and want more information on

[annette.devitt@brightonsteinerschool.org.uk](mailto:annette.devitt@brightonsteinerschool.org.uk)

Thanks

## Community Choir

The Community Choir practise every Tuesday  
7.30 – 9pm.

All welcome.

Contact Katrin Heymann at  
[katrin.flute@gmail.com](mailto:katrin.flute@gmail.com) for details.

## PARENTS!

Please **do not** allow your child to  
throw stones/sticks/leaves  
into the Flow-Form (Rose Garden  
water feature).

Many thanks, Annette.

## ~THE CABIN~

The Brighton Steiner School's very own onsite  
venue producing an evening of acoustic  
entertainment once a month to raise funds  
for the school. Have you been yet?!

Open to anyone wishing to perform in an  
'open-mic' style in the company of a warm,  
supportive crowd.

The second half will feature a different artist  
every month, bringing their wonderful talents  
to our school for free!

Doors 7.30 ~ Tickets £4 (on the door only)

## Request for updates on Medical Information and Emergency Contacts

We are currently updating our data base and request that if you have not already done so, please fill in the medical info and emergency contact update form.

Hard copies can be collected from Reception.

Should you want a form emailed directly to you please contact me on

[annette.devitt@brightonsteinerschool.org.uk](mailto:annette.devitt@brightonsteinerschool.org.uk)

Many thanks, Annette Devitt

If you are interested in doing a shift at the School Shop please contact Lesley on 07751172324.

Volunteers not only support this fundraiser for the school but get to play shops and receive a 10% discount on our already cheap prices!

## Free Open Morning Level 3 Holistic Baby & Child Care (EYE) Diploma



For enquiries contact [registrar@emerson.org.uk](mailto:registrar@emerson.org.uk)  
or call +44 (0)1342 822238 or visit  
<http://www.emerson.org.uk/holistic-baby-and-child-care>

**FREE OPEN MORNING**

**Rudolf Steiner House, London**

**Saturday 14 March 2015**

**9.30am-1.30pm**



**Open Morning for the Level 3 (EYE) Holistic Baby and Child Care Diploma**

**Starting September 2015**

**Come and meet the core tutors on this pioneering new part-time course:**

*"Thank you so much for inspiring us  
to be brave (in questioning the old world)  
and to take a big step on such an exciting  
adventure in early years pedagogy."*

*(Nicola Amies Bright Horizons 2013)*

**Dorothy Marlen, Ana Abreu, Clare Benson,  
Sam Greshoff and Dr. Richard House**

**Join in presentations, mini workshops and**

**a Q and A session with the tutors**

**Free refreshments, café, bookshop**

**To book a free place on the open morning contact [registrar@emerson.org.uk](mailto:registrar@emerson.org.uk)  
or call 01342 822238**

**<http://www.emerson.org.uk/holistic-baby-and-child-care>**



Dorothy Marlen BSc (Hons), PostGradDip  
Early Years consultant, trainer and author



Emerson College, Hartfield Road, Forest Row, Sussex RH18 5JX | England | [www.emerson.org.uk](http://www.emerson.org.uk) | +44 (0)1342 822238  
Emerson College is a registered charity in the UK and accredited by the British Accreditation Council.

### **REMINDER!!**

Please do not use your mobile phone on  
School premises. Many thanks. College



# BrightonSteiner School Early Years

We are delighted to let you know about the exciting changes we are making to our outstanding Early Years department at Brighton Steiner School.

From September 2015, in order to respond to the needs of the modern young child and their families, we are expanding our provision in order to provide a quality Waldorf setting for children under 3 years old. We will be offering nurturing care for children from 8 months old, 5 days a week from 8a.m until 1p.m. We are thrilled to be able to offer this service to families and to provide places for children receiving the 2 year old funding as well as the 3 and 4 year old funding.

In order to respond to the care that working parents need for their young children, we will also be opening a breakfast club that will run 5 mornings a week from 8 a.m for children from 3 years old attending our kindergartens.

From September 2015, our kindergartens will expand their age range so that the 3 year olds, who previously attended playgroup, will be welcomed into our mixed age groups. Many other kindergartens in the UK have recently made this change and have reported positively on the impact it has made on the groups and on the younger children's experience.

Our wonderful Parent and Child and Parent and Baby groups will continue to run from Monday to Friday, and our Afternoon Sessions will still be providing quality care for kindergarten children until 5 p.m, 5 days a week.

Please come and find out more about our vibrant Early Years department and what we could offer your family on Tuesday March 17<sup>th</sup> between 5.30p.m and 8 p.m. Drop in for a chat with us, a cup of tea or glass of wine and a piece of cake. Hear more about our department, chat to our EY staff and see photos and film of our school.

It would be lovely to welcome families from outside our school community and so please do tell all your friends. Please find attached an invitation to this evening and do pick up more from reception to share with your neighbours.

With best wishes,

The Early Years team



## BRIGHTON STEINER SCHOOL EARLY YEARS OPEN EVENING TUESDAY 17<sup>TH</sup> MARCH PLEASE JOIN US BETWEEN 5.30- 8 PM

All Welcome  
Complimentary wine and nibbles  
Crèche for children aged 0-6 years

Find out about our 'Outstanding' provision & exciting plans  
New Breakfast Club  
Mixed Age Kindergartens- from 3-6 years  
New Waldorf Childcare for ages 8 months to 3 years

01273 386300

[www.brightonsteinerschool.org.uk](http://www.brightonsteinerschool.org.uk)

Registered Charity No 802036

# NoticeBoard

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**Brighton Steiner School does not necessarily endorse the courses or adverts included in the newsletter.**

## Visiting Students

### **Au Pair:**

**My name is Jule** Luisa Bender and I am 18 years old. I live in Germany and attend the last class of the Freie-Waldorfschule Haan-Gruiten.

I would like to work as an au pair in England for the summer of 2015. I have some experiences with children because I have two brothers and one sister. I have different families where I babysit and I did my social internship two years ago in Carries Kindergarten. In my free time I like to play the guitar, sports and photography.

Please email me if you need an au pair or if you know any family that needs one. Thank you.

[Jule.Luisa@gmx.de](mailto:Jule.Luisa@gmx.de)

**My name is Grace** Pambu Pesa and I am 16. I live in Switzerland and am currently in year 9. I would like to work as an Au Pair in July and August. I am very patient with children and often baby-sit my neighbours 5 year old child, creating various activities to keep them entertained!

For further details please contact me, Grace Pambu Pesa at [nyotapambu@yahoo.fr](mailto:nyotapambu@yahoo.fr) or my linguistic exchange teacher Christine Racine 024 441 49 72 / 079 935 38 31

**My name is Theresa** and currently I'm a student at the Steiner school in Frankfurt, Germany.

In June I will finish my school career with my Abitur (A-levels). After this, I want to spent a year as an Au-Pair in the UK.

I thought about ways how I could find my perfect family. At my school I often see postings from students who want to come as an au-pair to Germany, or from around the world.  
Are there are families who need an au-pair? I look forward hearing from you.

Theresa Mülverstedt

[theresa-muelverstedt@web.de](mailto:theresa-muelverstedt@web.de)

### **Families Wanted**

We are an Italian - German Family living in a small town nearby Munich. We have a daughter ( 12) and a son (9).

Since our daughter attends a Steiner School in Germany, we would like to get in touch with English families with children for a cultural exchange.

If interested please contact Simona Collin, e-mail: [s.collin@hotmail.de](mailto:s.collin@hotmail.de)

### **Place to Stay**

I am coming to Brighton school for three weeks, and would love to rent someone's spare room instead of staying in a B&B! I am friendly, quiet (will be preparing lessons in the evening) and would love to be within walking distance of the school, if possible. I would drive home for the weekends so only need somewhere from Sunday-Thursday night! Please email [cthrnfenton@gmail.com](mailto:cthrnfenton@gmail.com) if you think you have space, thanks! Catherine

## Wanted

### **Home to rent**

We're looking for home to rent. A large one bed or even a two bed. Something on a ground floor or with lift access (or as few stairs as possible) and the absolute best would be to have a little outside space to grow strawberries and flowers. We need to move out by 28 March (Easter Holidays) or we could take a holiday and move in when term starts. We are great tenants, come with good references and all that. If you know of something suitable please contact Charlotte on 07769413090.

Many thanks

Charlotte & Eli (Sally's Kindergarten)

### **Accommodation Needed**

Part time Steiner School Teacher needs accommodation for Monday nights. Please call Sam - 07518296129

## **Living**

**Prenatal Yoga Class @ Rottingdean Village Hall**, Saturday's from 9.45-10.45. Please call Bee for more details and to book your space 07880898094

### **Homeopathy at Rock Clinic**

270 Eastern Road. Maggie O'Riordan RSHom.

Appointments 07793200959; [www.homeopathyinbrighton.co.uk](http://www.homeopathyinbrighton.co.uk)

Email: [Maggie@homeopathyinbrighton.co.uk](mailto:Maggie@homeopathyinbrighton.co.uk)

Concessionary rates available

**Scenar Therapy** - A non-invasive biofeedback device to help the body self regulate.

Do you or your children suffer from any of the following?

- Stress
- Anxiety
- Sleep problems
- IBS
- Pain
- Depression
- Fatigue

Available for adults and children.

For more information please contact Jake Thompson (School Reception) - 07517697499

### **CREATIVE PSYCHOTHERAPY with Lisa Douglas MA, BA (Hons)**

#### ***Dramathery - Creativity is the key to communication and change.***

Therapy is often about talking our problems through. Dramathery offers something different and unique: the chance to explore challenging feelings that may be holding us back in our lives and relationships, in creative and dynamic ways.

It is a intended safe form of reality where we can begin to make experiments and rehearse change.

Tel: 07799 738449

Email: [dramathery1@talktalk.net](mailto:dramathery1@talktalk.net)

Web: [dramathery.yolasite.com](http://dramathery.yolasite.com)

*"You have this amazing natural ability to 'hold' the therapy and make me feel safe. You are so gentle, yet you challenged me to work with my inner negative perceptions in a concrete and productive way, thank you so much..."*

### **Classical trained and very experienced flute and recorder teacher gives lessons near the school.**

For further details please contact Katrin Heymann on 01273 622338 or email [katrin.flute@gmail.com](mailto:katrin.flute@gmail.com) or visit [www.musicteachers.co.uk](http://www.musicteachers.co.uk)

### **Child Minder**

I am an ex Steiner school pupil and am currently studying Sociology at the University of Sussex.

I'm 20 years old and am an experienced child-minder. If anyone needs any part time child-minding please contact me at [faith.rtd@live.co.uk](mailto:faith.rtd@live.co.uk)

### **For Hire**

I have a Luton Van with tail lift and I'm available to do jobs like removals, rubbish clearance, deliveries etc. Please call Kerry – 07947996406

**Fitness Fridays.** 10-11am Happy Valley Park, Woodingdean.

Bootcamp class – all fitness levels. £5

**Mums on the run.** Mondays 9am – 9.45am, meet at the entrance of East Brighton Park.

Fitness class for Mums with or without kids in buggies.

Beginners welcome. £5

For more info call Lisa 07790 538 958



**Former Steiner Parent** has an allotment at Roedale Valley. It is long and flat and I have had it for 16 years. I would welcome someone to share it, as it is too big for me now.  
I have paid up to Oct - so no cost.  
If interested please call Kate Statham on 01273 607490 or 07812949875

**Cat Sitter Wanted** for 4<sup>th</sup> – 12<sup>th</sup> April (or part thereof).  
1 bed garden flat 10 mins from school, sea views. Old cat, easy going, likes a cuddle.  
Contact Jane Addey – 01273 692 304



The natural art and craft shop for kids

We specialise in natural art and craft materials for children, providing wholesome products that inspire and encourage children to express themselves. Lyra, Stockmar, Organic Knitting Wool, Natural Face Paints, Craft Kits, Eco Watercolour Paints, Felt Wool, Main-Lesson Books, and much more.

**[www.consciouscraft.uk](http://www.consciouscraft.uk)**  
<https://www.facebook.com/ConsciousCraft>



### **Vaccination & Travel Medicine**

What you need to know before you travel  
By

Dr Jayne Donegan MBBS DRCOG DFFP MRCGP MFHom

This lecture aims to give you a clear understanding of the benefits and risks of current travel advice.

It will offer you guidance on how you can minimise those risks and maximise the benefits of travel

Sunday 8<sup>th</sup> March  
At Ralli Hall Community Centre  
81 Denmark Villas  
Hove BN3 3TH  
Just a few minutes walk from Hove Train Station

To book your place please email Carmel O'Dell SDSHom on  
**[carmel.conway@sky.com](mailto:carmel.conway@sky.com)** OR call **01273 278235** or **07714805084**