



**BRIGHTON STEINER SCHOOL**  
**NEWS LETTER**  
27th March 2015  
**SPRING TERM, ISSUE 10**

Easter is meant to be a symbol of hope, renewal, and new life

**The Inaugural Brighton Steiner School  
Sponsored Walk and Community Lunch  
Saturday 25th April in Stanmer Park**

Join the whole school community on a Spring walk through Stanmer Park, followed by community lunch to celebrate completing the trek! Gather sponsorship from your friends, neighbours and wider community to help raise funds for special school projects and events.

This is an opportunity to raise funds from those outside the direct school community. So don't be shy!

Enjoy a triumphant community meal at the end of the walk.

The PTA will be cooking up a hearty soup and baking bread. We'll ask for a small donation on the day to cover the cost of buying the ingredients.

Each child will have received a "Sponsored Walk Pack" containing details of the morning plus sponsorship form and a map of the route. This event is being organised by the School PTA. We could use some extra volunteers to help make the day a great success. Do let us know if you can help as a walk marshal or with preparing food by emailing - [thebrightonsteinerschoolpta@outlook.com](mailto:thebrightonsteinerschoolpta@outlook.com)

See you there!  
The PTA

If you've not yet received a pack please pick one up from reception. And please do let us know if you are coming by returning the slip in the pack. That way we can plan for approximate numbers.

## Recruitment

Brighton Steiner School is growing!

Due to demand we will be opening our first childcare setting for little ones ages 8 months to 3 years in September.

We are looking for a caring, confident and experienced Steiner Waldorf Early Childhood Practitioner.

Appropriate Steiner Waldorf training and experience necessary, preferably with at least 2 years experience working with babies and toddlers in an early years setting or as a childminder/nanny.

Please contact [admin@brightonsteinerschool.org.uk](mailto:admin@brightonsteinerschool.org.uk) for an application form and full job description.

Closing date: Midday, 1st May 2015

## Welcome to a new colleague

The Trustees and the College of Teachers are delighted to announce that we have appointed a new school administrator, who will be coming into post shortly after the Easter holidays.

Penny Nixon has a great deal of experience in the kind of administration that is necessary for this pivotal role in our community, both in corporate and community settings. She also has three children in our school.

We are very pleased indeed to be able to welcome Penny as a colleague.

## FORTHCOMING EVENTS

### April

Tuesday	21 <sup>st</sup>	Main School Begins
Wednesday	22 <sup>nd</sup>	Early Years Begins

### PTA

Saturday	25 <sup>th</sup>	Sponsored Walk
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### Early years

Tuesday	21 <sup>st</sup>	Early Years welcome back Easter assembly
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## Gaia Tribe

We are spreading the word about our wonderful permaculture-focused family camp.

'The Gaia Tribe' camp is held in the early summer, and hopes to offer an experience of community through education, sharing skills, creativity and celebration.

We don't have the same resources as large commercial events, and we would love to be able to reach wider community of like-minded people. A lot of the people who come to camp are from Steiner educated backgrounds, so we wanted to spread the word to the wider Steiner community, as we're sure they'd be interested in learning more about the camp!

Please feel free to view our website to find out more about who we are and what we do!

<http://www.thegaiaTribe.co.uk/>

Any help you can offer in terms of reaching a wider audience would be greatly appreciated.

Please feel free to contact me personally on 01944711755

Many thanks

Jay Khan

## EARLY YEARS CONVERSATIONS!

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When I was a baby my first word was 'apple'. I called a pepper 'apple'.

My first word was 'mama'!

I crept.

Do you mean 'crawled'?

Yes. I crawled!

My baby Oren is crawling now!

I walked when I was a baby.

My first word was 'Ruben'. My next word was 'Rafe'.

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## Class 9 Work Experience

The fabulous class 9 were out and about in Brighton on their work experience week recently. They were amazingly confident in their new roles and I was very proud of them when I visited them all – well done for keeping up the great reputation of our school class 9!

I would like to say a big thank you to all the providers of the placements for giving the students a brilliant opportunity and possibly life long learning! ; Neal's Yard Remedies, Waitrose, Infinity Foods bakery, Bodhisstva Cafe, Marks and Spencers, Glad Rags, Flying saucer Cafe, Sealife Centre, Alexandra Dance Acadamy and Kemp Town Real Patisserie.  
- Sarah Starky



Emily went to Neal's Yard Remedies. She helped with orders, serving customers, making up tinctures and running the shop.



Zoe worked in the Infinity Foods bakery learning bread making techniques, and catching the enthusiasm of the bakers there.



Chance had a great week working at the Sealife Centre, being able to enjoy his love of animals and fish. One day he had to give a talk to visitors in the glass bottom boat!



Samuel worked in the new Open Market at the Flying Saucer Cafe. He learnt about general cafe duties, and how to make an excellent pot of tea.



Ines's week involved working at the Glad Rags community costume charity and also re organising our costume cupboard. She became confident in getting to know about different time periods and how to help people find the items they needed.



Darcie was a Waitrose partner for the week. He had a thorough induction into the company, and health and safety and then enjoyed working on the super market floor with his colleagues.



Lulu spent her week learning about all aspects of running a dance academy; the admin, reception and teaching. She also had the opportunity to link this all in with Eurythmy - she spent some time with Kelly in her classes at school.



Matthew looked smart on the shop floor of Marks and Spencers – working in many of the departments around the store, and dealing with customers.



Ilona's week was food orientated – she had a day making a spectacular pie in the school kitchen and then the rest of her week was spent at the Mediataion Centre cafe; washing up, using the till, making coffee, cakes and soups.



Daniela was at her placement at 7 am every morning! She was making croissants biscuits and eclairs for the Kemp Town Real patisserie.



Tai learnt all about the Early Years department in Kim's Kindergarten. She was able to step up when Loreza was off on the last day by being Kim's assistant.

# NoticeBoard

***Brighton Steiner School does not necessarily endorse the courses or adverts included in the newsletter.***

## **Au Pair:**

**My name is Jule** Luisa Bender and I am 18 years old. I live in Germany and attend the last class of the Freie-Waldorfschule Haan-Gruiten.

I would like to work as an au pair in England for the summer of 2015. I have some experiences with children because I have two brothers and one sister. I have different families where I babysit and I did my social internship two years ago in Carries Kindergarten. In my free time I like to play the guitar, sports and photography.

Please email me if you need an au pair or if you know any family that needs one. Thank you.

[Jule.Luisa@gmx.de](mailto:Jule.Luisa@gmx.de)

**My name is Grace** Pambu Pesa and I am 16. I live in Switzerland and am currently in year 9. I would like to work as an Au Pair in July and August. I am very patient with children and often baby-sit my neighbours 5 year old child, creating various activities to keep them entertained!

For further details please contact me, Grace Pambu Pesa at [nyotapambu@yahoo.fr](mailto:nyotapambu@yahoo.fr) or my linguistic exchange teacher Christine Racine 024 441 49 72 / 079 935 38 31

**My name is Theresa** and currently I'm a student at the Steiner school in Frankfurt, Germany.

In June I will finish my school career with my Abitur (A-levels). After this, I want to spent a year as an Au-Pair in the UK.

I thought about ways how I could find my perfect family. At my school I often see postings from students who want to come as an au-pair to Germany, or from around the world.

Are there are families who need an au-pair? I look forward hearing from you.

Theresa Mülverstedt

[theresa-muelverstedt@web.de](mailto:theresa-muelverstedt@web.de)

## **Families Wanted**

We are an Italian - German Family living in a small town nearby Munich. We have a daughter ( 12) and a son (9).

Since our daughter attends a Steiner School in Germany, we would like to get in touch with English families with children for a cultural exchange.

If interested please contact Simona Collin, e-mail: [s.collin@hotmail.de](mailto:s.collin@hotmail.de)

Dear colleague, parents and students, to benefit my internationale emergencypedagogics it is absolutely essential to prove my english. There fore I am looking for a place for a while from 2 till 3 month for bed and meal. In return I offer my participation (like wwoofen) or a Student-/adultexchange my place in germany. I am 57 years old an I growed up in a gastronomy. I am an educator, eurythmy and I have a Master of Art for healeurythmie. I am open for ideas and stimulation every typ.

Many greetings

Ulrike von Tschammer

[ulrike.tschammer@bewegtekommunikation.de](mailto:ulrike.tschammer@bewegtekommunikation.de)

## **Wanted**

We are a family of 5 (plus a dog) and we are looking for a gentle person who would be interested to improve her/his French while looking after the children during the summer holidays.

We have a boy of 13 years, a daughter of 11 years and a son of 7 years, they all attend the Waldorf school in Ependes, close to Yverdon-les-bains. It is a beautiful Swiss region with a lake and the mountains very close.

It is not a full time job, it is a part time. There would be of course days off and excursion with us.

We would prefer a responsible person around 17 years (+/-). We are pleased to offer "cost and logis" for the months of July and August (or only one month of both). If two friends want to come together I am sure to find a second family close to us who would be happy as well to have an exchange-au pair to help out.

Sincerely

Isabelle and Gael ISELIN HEDOU



### **Home to rent**

We're looking for home to rent. A large one bed or even a two bed. Something on a ground floor or with lift access (or as few stairs as possible) and the absolute best would be to have a little outside space to grow strawberries and flowers. We need to move out by 28 March (Easter Holidays) or we could take a holiday and move in when term starts. We are great tenants, come with good references and all that. If you know of something suitable please contact Charlotte on 07769413090.

Many thanks

Charlotte & Eli (Sally's Kindergarten)

### **Accommodation Needed**

Part time Steiner School Teacher needs accommodation for Monday nights. Please call Sam - 07518296129

### **Living**

#### **Homeopathy at Rock Clinic**

270 Eastern Road. Maggie O'Riordan RSHom.

Appointments 07793200959; [www.homeopathyinbrighton.co.uk](http://www.homeopathyinbrighton.co.uk)

Email: [Maggie@homeopathyinbrighton.co.uk](mailto:Maggie@homeopathyinbrighton.co.uk)

Concessionary rates available

**Scenar Therapy** - A non-invasive biofeedback device to help the body self regulate.

Do you or your children suffer from any of the following?

- Stress
- Anxiety
- Sleep problems
- IBS
- Pain
- Depression
- Fatigue

Available for adults and children.

For more information please contact Jake Thompson (School Reception) - 07517697499

### **CREATIVE PSYCHOTHERAPY with Lisa Douglas MA, BA (Hons)**

#### ***Dramatherapy - Creativity is the key to communication and change.***

Therapy is often about talking our problems through. Dramatherapy offers something different and unique: the chance to explore challenging feelings that may be holding us back in our lives and relationships, in creative and dynamic ways.

It is a intended safe form of reality where we can begin to make experiments and rehearse change.

Tel: 07799 738449

Email: [dramatherapy1@talktalk.net](mailto:dramatherapy1@talktalk.net)

Web: [dramatherapy.yolasite.com](http://dramatherapy.yolasite.com)

*"You have this amazing natural ability to 'hold' the therapy and make me feel safe. You are so gentle, yet you challenged me to work with my inner negative perceptions in a concrete and productive way, thank you so much..."*

### **Classical trained and very experienced flute and recorder teacher gives lessons near the school.**

For further details please contact Katrin Heymann on 01273 622338 or email [katrin.flute@gmail.com](mailto:katrin.flute@gmail.com) or visit [www.musicteachers.co.uk](http://www.musicteachers.co.uk)

### **Child Minder**

I am an ex Steiner school pupil and am currently studying Sociology at the University of Sussex.

I'm 20 years old and am an experienced child-minder. If anyone needs any part time child-minding please contact me at [faith.rtd@live.co.uk](mailto:faith.rtd@live.co.uk)



**Fitness Fridays.** 10-11am Happy Valley Park, Woodingdean.

Bootcamp class – all fitness levels. £5

**Mums on the run – Term Time Only!**

Mondays 9am – 9.45am, meet at the entrance of East Brighton Park.

Fitness class for Mums with or without kids in buggies.

Beginners welcome. £5

For more info call Lisa 07790 538 958

**Former Steiner Parent** has an allotment at Roedale Valley. It is long and flat and I have had it for 16 years.

I would welcome someone to share it, as it is too big for me now.

I have paid up to Oct - so no cost.

If interested please call Kate Statham on 01273 607490 or 07812949875

**We are parents** of a pupil of the Steiner School in Avignon in France and want to rent our house during July and august 2015 holidays. Could you please give following information in your school :

" We are parents of a pupil of the Steiner School in Avignon (South of France) and want to give to rent our house during next summer holidays. For 5/6 or persons, it is an ideal spot to discover Provence, with swimming-pool, ping-pong table, trampoline. Rent price 760 euros a week.

<http://maisonprovence84.canalblog.com> . In addition to that, you can rent a Mobile-Home for 4 persons. Rent price for the house + mobilhome 1250 a week. <http://mobilhome84.canalblog.com>

For information 00.33.490.51.97.17 / 00.33.668.40.50.01 - [maisonprovence775@gmail.com](mailto:maisonprovence775@gmail.com) "

Thank you very much

Bruno and Sylvie Hildesheim Duchateau

I am looking for a single bed.

Could you please contact me a.s.a.p. if you have one available. 07867788003 – Thank you



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