



# BRIGHTON STEINER SCHOOL

## NEWS LETTER

20th March 2015  
SPRING TERM, ISSUE 9

*All is well provided the light returns and the eclipse does not become endless night*

Our new Ping-Pong table was opened for business on Tuesday by Christoph Von Kurthy. It was kindly donated to the school by the Friends of Brighton Steiner School and has been an instant hit with the children (and staff) who are very grateful for it. So a very big THANK YOU to the Friends of Brighton Steiner School.



I name this ship.....

Nice technique George!

If anyone would like to donate Ping-Pong balls or bats to the school please give them to reception.  
Thank you



### The SOLAR ECLIPSE

The Children just about managed to catch a glimpse of the Solar Eclipse through the clouds. After a long walk to the top of East Brighton Park, the Pin-hole cameras and Telescopes were set up. All the children enjoyed themselves, especially when it came to running back down the hill!

## **THEATRE TRIP – “WAR HORSE”**

On Thursday 5 March I had the pleasure of taking two of our Middle School Classes to the New London Theatre, Drury Lane, to see the highly acclaimed production of “War Horse”.

Both groups coped well with a very long day and the hustle and bustle of the London Underground: they came into school first for Main Lesson and then we made our way by bus and train to the theatre for a three hour production.

Michaela and I were impressed by their stamina, their enthusiasm and their impeccable behaviour - Lesley

### **Here are a couple of their Reviews of the day:**

If you loved “War Horse”, the book by Michael Morpurgo, then you'll love the play even more! The scene is set with young Joey, a foal who is being auctioned off and is bought by Albert's dad. Albert grows very fond of Joey until his father sells him! The play takes you on a journey with Joey as he is forced to become a war horse while Albert searches for him.

The acting was amazing and really made the whole play come together. If you think the horses in this production will be mere sock puppets then think again! It was as if they had come to life.

The way they moved was more believable than a real horse!

The lighting was kept very minimal; though flashing lights during the battle scenes were very effective.

Personally, I really enjoyed the play and all the characters, especially the goose...The play made me feel every emotion imaginable! It started off making me feel happy because Albert had Joey, then sad because Joey was gone; it was gripping during the war scenes and one of the captains was really funny!

I would definitely recommend going to see this production.

ROMY, CL8

The puppets were the main thing, for me. They were so amazing and the way the actors worked together underneath the puppets meant they were synchronised and graceful. They hardly had any scenery yet you were in a battlefield, or in someone's house.

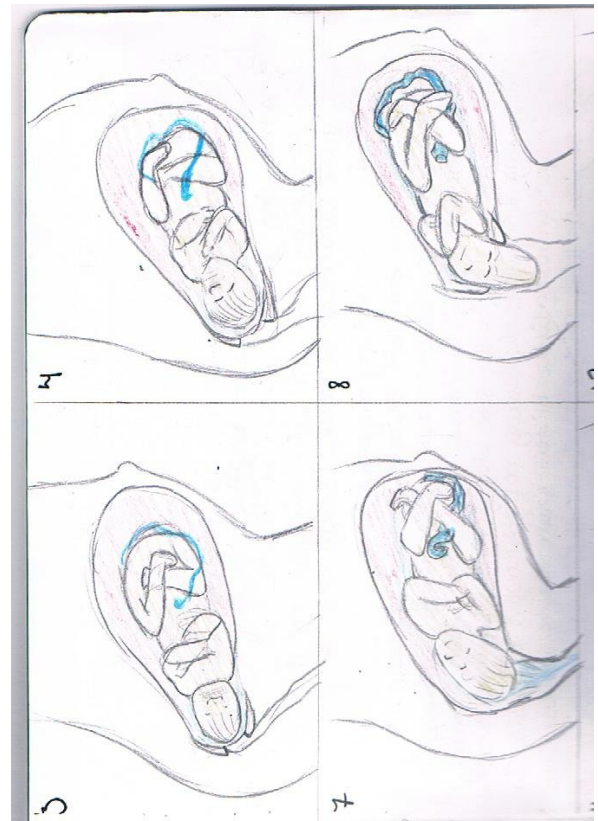
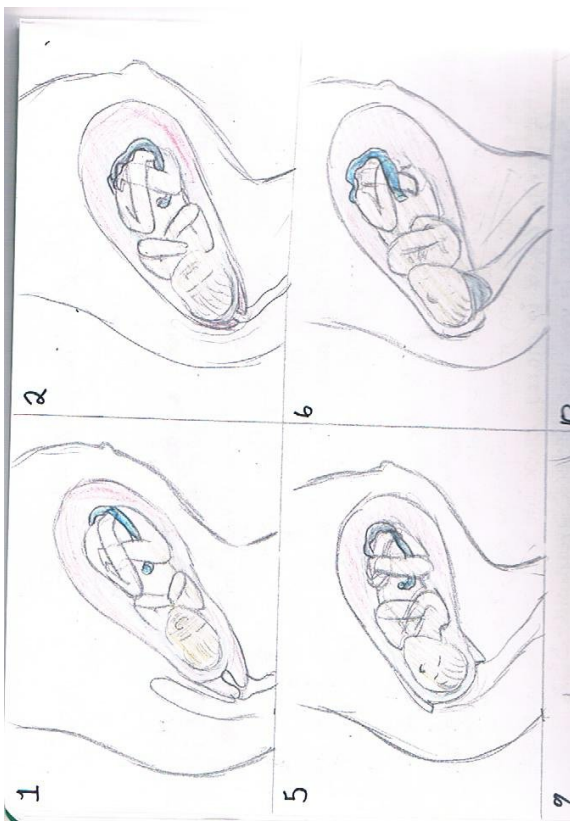
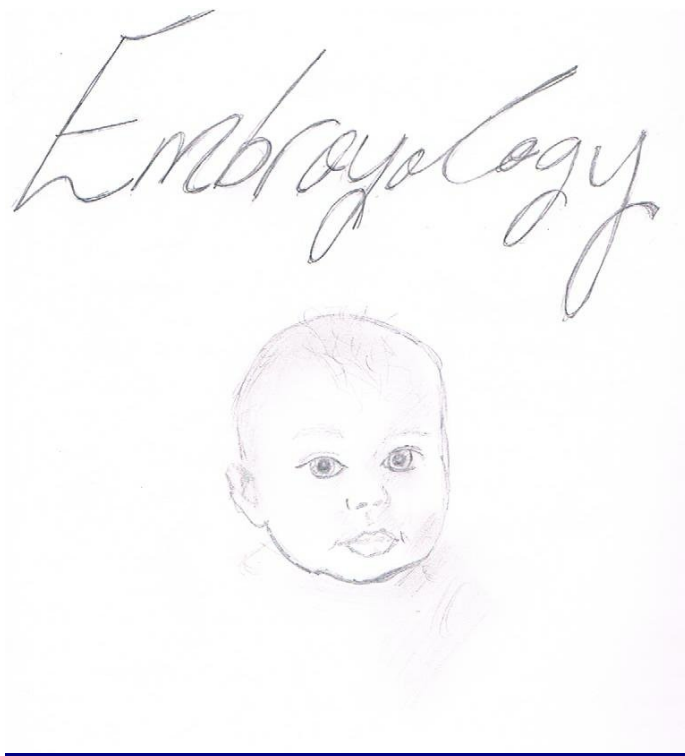
Overall it was a lovely day out!

IZZY, CL8

The horses and various other animals are puppets but such puppets that I have never seen. Three people operate one horse but so well that you don't notice them. The actors worked with the horses just as if they were real. The lights and the music help involve the audience, and the lack of props on stage had the positive effect of making one focus on the actors.

The storyline was a little different from the book although this did not seem to matter as it flowed just as nicely. I thought this was an extremely well done production and definitely worth the evening rush hour!

FLORENCE, CL 8



### **Recently Class 10 completed their last main lesson - Embryology.**

We covered areas such as cells, chromosomes, fertilisation, women's cycles, embryo and foetus development, IVF and 'three parent babies'. We were Lucky to have Didi the midwife come and talk about pregnancy and birth. Later in the weeks we also looked at child development when babies Tanae and Elody came to visit. These additions to the lessons made the subject come alive and gave richness. Thank you to Didi, Lilani and Jodie for coming in!

I had the job of reading and marking the student's main lesson books which was a privilege. Many of them had not only worked hard producing an accurate, creative book but also included their own birth story. Well done Class 10.

## School lunches

Dear parents

Next term the kitchen will be unveiling our new organic menu.

However, we will need to make a minor price increase in order to provide more higher quality ingredients.

If you have any questions about this, please do not hesitate to come and see us in the kitchen.

We also have plans to create a space in our school vegetable garden where we will be growing a few ingredients specifically for the school lunches. These will be things such as beetroot, salad leaves, squashes, courgettes, spring onions and herbs.

Hopefully this will also encourage the children to understand where some of their food comes from.

All our food waste is either composted at school or leftovers are given to Jake and Astra's chickens who in return provide us with lovely eggs during the Spring and Summer.

Best wishes,  
Riggs and Bryony

## CLASS VIII PRESENTS

### *"The Comedy of Errors"*

*by William Shakespeare*  
*on*

*Friday 20<sup>th</sup> March at 7pm*

*Doors open at 6.45pm*

Dear School families.

If you need to request time off school for your child, please remember to write to The College of teachers, at least 2 weeks in advance so that we have time to process your request.

Thank you, Carrie Rawle.  
Chair of college

## FORTHCOMING EVENTS

### Parents Evening

Class 3      Wed 25<sup>th</sup> March      6pm Parents Evening

### March

Fri 20 <sup>th</sup>	7.30pm	The Cabin
Fri 20 <sup>th</sup>	7.30pm	Class 8 Play

### Early Years Events

Wed 26<sup>th</sup> Mar 10.30am      Early Years Easter Celebration

### End of Term:

Early Years	Thurs 26 <sup>th</sup> March
Main School	Fri 27 <sup>th</sup> March (12.15pm)



## EARLY YEARS CONVERSATIONS!

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During our Early Years morning walk, this was a conversation between two children;

"I'm going to get married when I'm 20"

"You can't know you'll get married with a boy when you're that old"

"Well I might marry a girl"

"You can't marry a girl!"

"I can marry a girl or a boy. I've already fallen in love with a girl"

"YOU CANT!"

"OH YES I CAN! Because what I like is the beauty"

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During a Kindergarten meal this was a conversation between Carrie and two children

Child one: "Carrie, is Rosie Isaac's Grandma?"

Carrie: "Yes, she is."

Child 2: "Jake is Isaac's Daddy"

Carrie: "Yes, he is"

Child 1: "Do you like Jake?"

Child 2: "um, yes I suppose"

Child 1: "I do. I really like his voice!"

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# Brighton Steiner School

A Steiner Waldorf School

Roedean Road  
Brighton BN2 5RA



## Easter and Spring Craft Days for Children (4-10yrs) Mon 30<sup>th</sup> March & Tues 31<sup>st</sup> March 9.30am – 3.30pm (Half day optional)

Give your child a taste of traditional Steiner Waldorf, age appropriate crafts, for example:

Baking, making Easter baskets & bonnets, Easter gifts, Spring decorations, kite-making and flying  
Ending with an egg hunt!

£15 half day - £25 full day

Booking forms are available at reception or on the back of this newsletter!  
Charity Registration Number : 802036

# NoticeBoard

***Brighton Steiner School does not necessarily endorse the courses or adverts included in the newsletter.***

## Visiting Students

**STILL NEEDED - Local Host families for:**

- Class 9 German students for this Summer term
- A 17yr old German student on work experience in the kindergartens (8th June - 10th July)

As well as welcoming these visitors in to your home and giving them an experience of your family life, you have the opportunity to earn some extra cash.

If interested, please contact Annette on [annette.devitt@brightonsteinerschool.org.uk](mailto:annette.devitt@brightonsteinerschool.org.uk)

## **Au Pair:**

**My name is Jule** Luisa Bender and I am 18 years old. I live in Germany and attend the last class of the Freie-Waldorfschule Haan-Gruiten.

I would like to work as an au pair in England for the summer of 2015. I have some experiences with children because I have two brothers and one sister. I have different families where I babysit and I did my social internship two years ago in Carries Kindergarten. In my free time I like to play the guitar, sports and photography.

Please email me if you need an au pair or if you know any family that needs one. Thank you.

[Jule.Luisa@gmx.de](mailto:Jule.Luisa@gmx.de)

**My name is Grace** Pambu Pesa and I am 16. I live in Switzerland and am currently in year 9. I would like to work as an Au Pair in July and August. I am very patient with children and often baby-sit my neighbours 5 year old child, creating various activities to keep them entertained!

For further details please contact me, Grace Pambu Pesa at [nyotapambu@yahoo.fr](mailto:nyotapambu@yahoo.fr) or my linguistic exchange teacher Christine Racine 024 441 49 72 / 079 935 38 31

**My name is Theresa** and currently I'm a student at the Steiner school in Frankfurt, Germany.

In June I will finish my school career with my Abitur (A-levels). After this, I want to spent a year as an Au-Pair in the UK.

I thought about ways how I could find my perfect family. At my school I often see postings from students who want to come as an au-pair to Germany, or from around the world.

Are there are families who need an au-pair? I look forward hearing from you.

Theresa Mülverstedt

[theresa-muelverstedt@web.de](mailto:theresa-muelverstedt@web.de)

## **Families Wanted**

We are an Italian - German Family living in a small town nearby Munich. We have a daughter ( 12) and a son (9).

Since our daughter attends a Steiner School in Germany, we would like to get in touch with English families with children for a cultural exchange.

If interested please contact Simona Collin, e-mail: [s.collin@hotmail.de](mailto:s.collin@hotmail.de)

Dear colleague, parents and students, to benefit my internationale emergencypedagogics it is absolutely essential to prove my english. There fore I am looking for a place for a while from 2 till 3 month for bed and meal. In return I offer my participation (like wwoofen) or a Student-/adultexchange my place in germany. I am 57 years old an I growed up in a gastronomy. I am an educator, eurythmy and I have a Master of Art for healeurythmie. I am open for ideas and stimulation every typ.

Many greatings

Ulrike von Tschammer

[ulrike.tschammer@bewegtekommunikation.de](mailto:ulrike.tschammer@bewegtekommunikation.de)

## Wanted

We are a family of 5 (plus a dog) and we are looking for a gentle person who would be interested to improve her/his French while looking after the children during the summer holidays.

We have a boy of 13 years, a daughter of 11 years and a son of 7 years, they all attend the Waldorf school in Ependes, close to Yverdon-les-bains. It is a beautiful Swiss region with a lake and the mountains very close.

It is not a full time job, it is a part time. There would be of course days off and excursion with us. We would prefer a responsible person around 17 years (+/-). We are pleased to offer "cost and logis" for the months of July and August (or only one month of both). If two friends want to come together I am sure to find a second family close to us who would be happy as well to have an exchange-au pair to help out.

Sincerely  
Isabelle and Gael ISELIN HEDOU

### **Home to rent**

We're looking for home to rent. A large one bed or even a two bed. Something on a ground floor or with lift access (or as few stairs as possible) and the absolute best would be to have a little outside space to grow strawberries and flowers. We need to move out by 28 March (Easter Holidays) or we could take a holiday and move in when term starts. We are great tenants, come with good references and all that. If you know of something suitable please contact Charlotte on 07769413090.

Many thanks  
Charlotte & Eli (Sally's Kindergarten)

### **Accommodation Needed**

Part time Steiner School Teacher needs accommodation for Monday nights. Please call Sam - 07518296129

### **Living**

**Prenatal Yoga Class @ Rottingdean Village Hall**, Saturday's from 9.45-10.45. Please call Bee for more details and to book your space 07880898094

### **Homeopathy at Rock Clinic**

270 Eastern Road. Maggie O'Riordan RSHom.  
Appointments 07793200959; [www.homeopathyinbrighton.co.uk](http://www.homeopathyinbrighton.co.uk)  
Email: [Maggie@homeopathyinbrighton.co.uk](mailto:Maggie@homeopathyinbrighton.co.uk)  
Concessionary rates available

**Scenar Therapy** - A non-invasive biofeedback device to help the body self regulate.

Do you or your children suffer from any of the following?

- Stress
- Anxiety
- Sleep problems
- IBS
- Pain
- Depression
- Fatigue

Available for adults and children.

For more information please contact Jake Thompson (School Reception) - 07517697499

### **CREATIVE PSYCHOTHERAPY with Lisa Douglas MA, BA (Hons)**

#### ***Dramatherapy - Creativity is the key to communication and change.***

Therapy is often about talking our problems through. Dramatherapy offers something different and unique: the chance to explore challenging feelings that may be holding us back in our lives and relationships, in creative and dynamic ways.

It is a intended safe form of reality where we can begin to make experiments and rehearse change.

Tel: 07799 738449

Email: [dramatherapy1@talktalk.net](mailto:dramatherapy1@talktalk.net)

Web: [dramatherapy.yolasite.com](http://dramatherapy.yolasite.com)

*"You have this amazing natural ability to 'hold' the therapy and make me feel safe. You are so gentle, yet you challenged me to work with my inner negative perceptions in a concrete and productive way, thank you so much..."*



**Classical trained and very experienced flute and recorder teacher gives lessons near the school.**

For further details please contact Katrin Heymann on 01273 622338 or email [katrin.flute@gmail.com](mailto:katrin.flute@gmail.com) or visit [www.musicteachers.co.uk](http://www.musicteachers.co.uk)

**Child Minder**

I am an ex Steiner school pupil and am currently studying Sociology at the University of Sussex.  
I'm 20 years old and am an experienced child-minder. If anyone needs any part time child-minding please contact me at [faith.rtd@live.co.uk](mailto:faith.rtd@live.co.uk)

**For Hire**

I have a Luton Van with tail lift and I'm available to do jobs like removals, rubbish clearance, deliveries etc.  
Please call Kerry – 07947996406

**Fitness Fridays.** 10-11am Happy Valley Park, Woodingdean.

Bootcamp class – all fitness levels. £5

**Mums on the run.** Mondays 9am – 9.45am, meet at the entrance of East Brighton Park.

Fitness class for Mums with or without kids in buggies.

Beginners welcome. £5

For more info call Lisa 07790 538 958

**Former Steiner Parent** has an allotment at Roedale Valley. It is long and flat and I have had it for 16 years.

I would welcome someone to share it, as it is too big for me now.

I have paid up to Oct - so no cost.

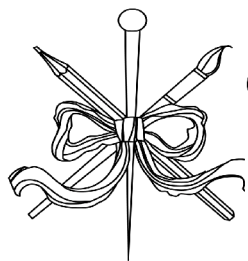
If interested please call Kate Statham on 01273 607490 or 07812949875

**We are parents** of a pupil of the Steiner School in Avignon in France and want to rent our house during July and august 2015 holidays. Could you please give following information in your school :

" We are parents of a pupil of the Steiner School in Avignon (South of France) and want to give to rent our house during next summer holidays. For 5/6 or persons, it is an ideal spot to discover Provence, with swimming-pool, ping-pong table, trampoline. Rent price 760 euros a week.  
<http://maisonprovence84.canalblog.com> . In addition to that, you can rent a Mobile-Home for 4 persons. Rent price for the house + mobilhome 1250 a week. <http://mobilhome84.canalblog.com>  
For information 00.33.490.51.97.17 / 00.33.668.40.50.01 - [maisonprovence775@gmail.com](mailto:maisonprovence775@gmail.com) "

Thank you very much

Bruno and Sylvie Hildesheim Duchateau



# Conscious Craft

The natural art and craft shop for kids

We specialise in natural art and craft materials for children, providing wholesome products that inspire and encourage children to express themselves. Lyra, Stockmar, Organic Knitting Wool, Natural Face Paints, Craft Kits, Eco Watercolour Paints, Felt Wool, Main-Lesson Books, and much more.

**[www.consciouscraft.uk](http://www.consciouscraft.uk)**

<https://www.facebook.com/ConsciousCraft>

## Easter & Spring Craft Days **BOOKING FORM** Children (4-10yrs)

Child's name:
Child's age:
Parent's name and emergency contact number:
Allergy / medical condition information:

Tick the appropriate booking requirement:

<b>Mon 30<sup>th</sup> March</b>	Half day £15	<b>Tues 31<sup>st</sup> March</b>	Half day £15
	Full day £25		Full day £25
<b>Half day 9.30am – 1pm Full day 9.30am – 3.30pm</b>			
<b>There is a 20% discount for siblings</b>			
<b>A snack and lunch will be provided</b>			
<b>Cheques made payable to Brighton Steiner School Ltd.</b>			

Charity Registration Number : 802036