



# BRIGHTON STEINER SCHOOL NEWS LETTER

13th March 2015  
SPRING TERM, ISSUE 8

*Now the moist wood discloses  
Wrinkled leaves of primroses  
While the birds they flute & sing  
Build your nests, for here is spring!*

## Brighton Steiner School Early Years

We are delighted to let you know about the exciting changes we are making to our outstanding Early Years department at Brighton Steiner School.

From September 2015, in order to respond to the needs of the modern young child and their families, we are expanding our provision in order to provide a quality Waldorf setting for children under 3 years old. We will be offering nurturing care for children from 8 months old, 5 days a week from 8a.m until 1p.m. We are thrilled to be able to offer this service to families and to provide places for children receiving the 2 year old funding as well as the 3 and 4 year old funding.

In order to respond to the care that working parents need for their young children, we will also be opening a breakfast club that will run 5 mornings a week from 8 a.m for children from 3 years old attending our kindergartens.

From September 2015, our kindergartens will expand their age range so that the 3 year olds, who previously attended playgroup, will be welcomed into our mixed age groups. Many other kindergartens in the UK have recently made this change and have reported positively on the impact it has made on the groups and on the younger children's experience.

Our wonderful Parent and Child and Parent and Baby groups will continue to run from Monday to Friday, and our Afternoon Sessions will still be providing quality care for kindergarten children until 5 p.m, 5 days a week.

Please come and find out more about our vibrant Early Years department and what we could offer your family on Tuesday March 17<sup>th</sup> between 5.30p.m and 8 p.m. Drop in for a chat with us, a cup of tea or glass of wine and a piece of cake. Hear more about our department, chat to our EY staff and see photos and film of our school.

It would be lovely to welcome families from outside our school community and so please do tell all your friends. Please find attached an invitation to this evening and do pick up more from reception to share with your neighbours.

With best wishes,

The Early Years team

**BRIGHTON STEINER SCHOOL**  
**EARLY YEARS OPEN EVENING**  
**TUESDAY 17TH MARCH**  
**PLEASE JOIN US BETWEEN 5.30- 8 PM**

All Welcome  
Complimentary wine and nibbles  
Crèche for children aged 0-6 years

Find out about our 'Outstanding' provision & exciting plans  
New Breakfast Club  
Mixed Age Kindergartens- from 3-6 years  
New Waldorf Childcare for ages 8 months to 3 years

01273 386300

[www.brightonsteinerschool.org.uk](http://www.brightonsteinerschool.org.uk)

Registered Charity No 802036

**A BIG thank you to the following people:**

- **Matt Budge** for providing the Open Day banners
- **All the parents, staff and children** who came and helped on the Community Workday
- **All the parents** who gave the classrooms a good clean for Open Day
- **Margie Thys and Gail Shaw** for cooking for us on the workday
- **Margie Thys** again and her children **Thomas and Abigail** for helping out on Open Day
- **Gail Shaw** again for covering lunches for 2 days
- **Simon Griggs** for taking our garden waste to the recycling centre
- **Gerry Grey** for coming to garden in the Early Years

Every bit of help adds up to be a lot of help! - Thank you for your support!

Dear School families.

If you need to request time off school for your child, please remember to write to The College of teachers, at least 2 weeks in advance so that we have time to process your request.

Thank you, Carrie Rawle.  
Chair of college

**FORTHCOMING EVENTS**

**Parents Evening**

Class 3	Wed 25 <sup>th</sup> March	6pm Parents Evening
Class 6	Wed 18 <sup>th</sup> March	6pm Subject Teachers
Class 7	Wed 18 <sup>th</sup> March	6pm Subject Teachers
Class 8	Wed 18 <sup>th</sup> March	6pm Subject Teachers

**March**

Mon 16 <sup>th</sup>	8.00pm	PTA-AGM
Fri 20 <sup>th</sup>	7.30pm	The Cabin
Fri 20 <sup>th</sup>	7.30pm	Class 8 Play

**Early Years Events**

Tue 17 <sup>th</sup> Mar	5.30pm	Early Years Open Evening
Wed 26 <sup>th</sup> Mar	10.30am	Early Years Easter Celebration

**End of Term:**

Early Years	Thurs 26 <sup>th</sup> March
Main School	Fri 27 <sup>th</sup> March (12.15pm)

*CLASS VIII PRESENTS*

*“The Comedy of Errors”*

*by William Shakespeare*

*on*

*Friday 20<sup>th</sup> March at 7pm*

*Doors open at 6.45pm*

*All welcome!*

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Congratulations to Class 10 on their recent moderation for drama ‘Bugsy Malone’!

The play was a real success and the moderator visiting the school had some very positive feedback;

“A most enjoyable experience! It was a pleasure meeting the students and visiting your school. I have not had that much fun in years at a moderation!”

Well done Class 10

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During a recent snack time in Kindergarten one child turned his neighbour and said “My mummy is going to try to get me a baby brother or sister, but if she can’t we will adopt one.”

His friend replied “You just have to ask God” with her hands raised towards the heavens.

“Who is God?” he asked.

“He lives in heaven and if you say a prayer he will give you a baby.”

“How do you pray?”

“You put your hands together before bed, close your eyes and quietly talk to God.”

“Thanks.” Said the child..... “I will try that tonight” !

The children are a real delight and every day they bring joy and love into all that I do - Kim Harris – Kindergarten Teacher

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### Persuasive Writing: Students' work:

In the Upper School we look at many different writing styles and techniques, assessing which work well according to subject, audience and purpose.

The students enjoy trying out different techniques (rhetorical questions, repetition, irony...) and are very eloquent, expressing their views on subjects they feel passionate about - from homework to shopping, childhood poverty or prejudice.

#### Count to ten

Finished? A child just died.  
A child just died.  
Count to ten.  
Finished? A child just died.  
How many times are we going to count to ten before we do something about starving children?  
Children are dying through lack of food.  
They have no food.  
They have no water.  
They have no hope.  
We have food.  
We have water.  
We have hope.  
But yet we don't share. Why? Why don't we?  
We spent fifteen billion pounds on the Last world cup: fifteen billion pounds!  
That fifteen billion pounds could give them food.  
That fifteen billion pounds could give them water.  
That fifteen billion pounds could give them hope.  
Right now a mother is holding her dead child, holding him in her arms, weeping.  
What can she do?  
What can we do?  
We can help.  
We need to come together and help; we are all just people living on the same planet, Breathing the same air!  
How is it okay to have people dying on one side of the planet, while others live in luxury?  
It's not okay.  
How can it be so overlooked?  
It needs to stop. Now. Everyone needs to come together as one nation and help.  
If everyone works together, we can stop innocent children dying.  
And we will.

Emily, Class 9

#### 21 days

It's been 21 days since he said:

"It was your country, your fault and I couldn't do anything."

This wasn't the first time someone had blamed me; I'm not older than 15 years.

Everything I know, I was told.  
It all happened and it cannot be changed.  
They blame my generation for what the Nazis and Hitler did to their country and to their people.

Is that fair?  
Should I feel guilty?  
No, I don't. *I feel uncomfortable.*

We are not responsible for what happened in our country, in the past.  
But, because of it, it is most important for us to live in peace now; to treat each other with respect and to be honest – everyone is different and that is how it should be.

21 days ago an old man said to me:  
"It was your country, your fault and I couldn't do anything."  
I was speechless.  
I was born in Germany, which makes me German.  
I shouldn't be judged for my home country.

Think twice about how your words might affect people:  
think twice about whether the person you accuse was involved in what happened;  
think twice about whether that person could have changed things,  
and then speak.

Rieke, CI 9 Visiting Student

## Nuts

The College of Teachers would like to draw parents' attention to the issue of nut allergies within our school community. As some of you will be aware, there are families within the school with severe allergic reaction to nuts & sesame seeds. Some areas of the school eg. the school shop & School kitchen have already been designated as 'nut free zones' and we ask your support and co-operation in extending this awareness throughout the school. Because of the severity of the reaction there is the risk of cross contamination through physical contact with another child/adult who has recently eaten nuts or even via the breath. We would therefore request that parents do not include items containing nuts or sesame seeds in packed lunches and the children are reminded to wash their hands and clean their teeth if eating nuts or sesame before school time.

There is also a rule that no food should be eaten except in the classrooms and we would ask you to remind your children of this. In order for families to participate freely in school events we would also request that any foodstuffs prepared for festivals or bake sales etc should be nut and sesame free. Please do not be offended if items containing nuts or sesame are returned home either from packed lunches or festivals. While we are not able to guarantee a completely nut & sesame free environment within the school we would like to show our support for the families by making the school as nut free as possible. Thank you for your support.  
The College of Teachers.



# Brighton Steiner School

A Steiner Waldorf School

Roedean Road  
Brighton BN2 5RA



## **Easter and Spring Craft Days** **for Children (4-10yrs)** **Mon 30<sup>th</sup> March & Tues 31<sup>st</sup> March** 9.30am – 3.30pm (Half day optional)

Give your child a taste of traditional Steiner Waldorf, age appropriate crafts, for example:

Baking, making Easter baskets & bonnets, Easter gifts, Spring decorations, kite-making and flying  
Ending with an egg hunt!

£15 half day - £25 full day

Booking information from  
[enquiries@brightonsteinerschool.org.uk](mailto:enquiries@brightonsteinerschool.org.uk)  
Charity Registration Number : 802036

## Free Open Morning Level 3 Holistic Baby & Child Care (EYE) Diploma



For enquiries contact [registrar@emerson.org.uk](mailto:registrar@emerson.org.uk)  
or call +44 (0)1342 822238 or visit  
<http://www.emerson.org.uk/holistic-baby-and-child-care>

**FREE OPEN MORNING**

**Rudolf Steiner House, London**

**Saturday 14 March 2015**

**9.30am-1.30pm**



**Open Morning for the Level 3 (EYE) Holistic Baby and Child Care Diploma**

**Starting September 2015**

**Come and meet the core tutors on this pioneering new part-time course:**

*"Thank you so much for inspiring us  
to be brave (in questioning the old world)  
and to take a big step on such an exciting  
adventure in early years pedagogy."*

*(Nicola Amies Bright Horizons 2013)*

**Dorothy Marlen, Ana Abreu, Clare Benson,  
Sam Greshoff and Dr. Richard House**

**Join in presentations, mini workshops and**

**a Q and A session with the tutors**

**Free refreshments, café, bookshop**

**To book a free place on the open morning contact [registrar@emerson.org.uk](mailto:registrar@emerson.org.uk)  
or call 01342 822238**

**<http://www.emerson.org.uk/holistic-baby-and-child-care>**



Dorothy Marlen BSc (Hons), PostGradDip  
Early Years consultant, trainer and author



Emerson College, Hartfield Road, Forest Row, Sussex RH18 5JX | England [www.emerson.org.uk](http://www.emerson.org.uk) | +44 (0)1342 822238  
Emerson College is a registered charity in the UK and accredited by the British Accreditation Council.

# NoticeBoard

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*Brighton Steiner School does not necessarily endorse the courses or adverts included in the newsletter.*

## Visiting Students

**STILL NEEDED - Local Host families for:**

- Class 9 German students for this Summer term
- A 17yr old German student on work experience in the kindergartens (8th June - 10th July)

As well as welcoming these visitors in to your home and giving them an experience of your family life, you have the opportunity to earn some extra cash.

If interested, please contact Annette on [annette.devitt@brightonsteinerschool.org.uk](mailto:annette.devitt@brightonsteinerschool.org.uk)

## **Au Pair:**

**My name is Jule** Luisa Bender and I am 18 years old. I live in Germany and attend the last class of the Freie-Waldorfschule Haan-Gruiten.

I would like to work as an au pair in England for the summer of 2015. I have some experiences with children

because I have two brothers and one sister. I have different families where I babysit and I did my social

internship two years ago in Carries Kindergarten. In my free time I like to play the guitar, sports and photography.

Please email me if you need an au pair or if you know any family that needs one. Thank you.

[Jule.Luisa@gmx.de](mailto:Jule.Luisa@gmx.de)

**My name is Grace** Pambu Pesa and I am 16. I live in Switzerland and am currently in year 9. I would like to work as an Au Pair in July and August. I am very patient with children and often baby-sit my neighbours 5 year old child, creating various activities to keep them entertained!

For further details please contact me, Grace Pambu Pesa at [nyotapambu@yahoo.fr](mailto:nyotapambu@yahoo.fr) or my linguistic exchange teacher Christine Racine 024 441 49 72 / 079 935 38 31

**My name is Theresa** and currently I'm a student at the Steiner school in Frankfurt, Germany. In June I will finish my school career with my Abitur (A-levels). After this, I want to spent a year as an Au-Pair in the UK.

I thought about ways how I could find my perfect family. At my school I often see postings from students who want to come as an au-pair to Germany, or from around the world.

Are there are families who need an au-pair? I look forward hearing from you.

Theresa Mülverstedt

[theresa-muelverstedt@web.de](mailto:theresa-muelverstedt@web.de)

## **Families Wanted**

We are an Italian - German Family living in a small town nearby Munich. We have a daughter ( 12) and a son (9).

Since our daughter attends a Steiner School in Germany, we would like to get in touch with English families with children for a cultural exchange.

If interested please contact Simona Collin, e-mail: [s.collin@hotmail.de](mailto:s.collin@hotmail.de)

Dear colleague, parents and students, to benefit my internationale emergencypedagogics it is absolutely

essential to prove my english. There fore I am looking for a place for a while from 2 till 3 month for bed and meal. In return I offer my participation (like wwoofen) or a Student-/adultexchange my place in germany. I am 57 years old an I growed up in a gastronomy. I am an educator, eurythmy and I have a Master of Art for healeurythmie. I am open for ideas and stimulation every typ.

Many greetings

Ulrike von Tschammer

[ulrike.tschammer@bewegtekommunikation.de](mailto:ulrike.tschammer@bewegtekommunikation.de)

### **Wanted**

We are a family of 5 (plus a dog) and we are looking for a gentle person who would be interested to improve her/his French while looking after the children during the summer holidays. We have a boy of 13 years, a daughter of 11 years and a son of 7 years, they all attend the Waldorf school in Ependes, close to Yverdon-les-bains. It is a beautiful Swiss region with a lake and the mountains very close.

It is not a full time job, it is a part time. There would be of course days off and excursion with us. We would prefer a responsible person around 17 years (+/-). We are pleased to offer "cost and logis" for the months of July and August (or only one month of both). If two friends want to come together I am sure to find a second family close to us who would be happy as well to have an exchange-au pair to help out.

Sincerely  
Isabelle and Gael ISELIN HEDOU

### **Home to rent**

We're looking for home to rent. A large one bed or even a two bed. Something on a ground floor or with lift access (or as few stairs as possible) and the absolute best would be to have a little outside space to grow strawberries and flowers. We need to move out by 28 March (Easter Holidays) or we could take a holiday and move in when term starts. We are great tenants, come with good references and all that. If you know of something suitable please contact Charlotte on 07769413090.

Many thanks  
Charlotte & Eli (Sally's Kindergarten)

### **Accommodation Needed**

Part time Steiner School Teacher needs accommodation for Monday nights. Please call Sam - 07518296129

### **Living**

**Prenatal Yoga Class @ Rottingdean Village Hall**, Saturday's from 9.45-10.45. Please call Bee for more details and to book your space 07880898094

### **Homeopathy at Rock Clinic**

270 Eastern Road. Maggie O'Riordan RSHom.  
Appointments 07793200959; [www.homeopathyinbrighton.co.uk](http://www.homeopathyinbrighton.co.uk)  
Email: [Maggie@homeopathyinbrighton.co.uk](mailto:Maggie@homeopathyinbrighton.co.uk)  
Concessionary rates available

**Scenar Therapy** - A non-invasive biofeedback device to help the body self regulate.

Do you or your children suffer from any of the following?

- Stress
- Anxiety
- Sleep problems
- IBS
- Pain
- Depression
- Fatigue

Available for adults and children.

For more information please contact Jake Thompson (School Reception) - 07517697499



**CREATIVE PSYCHOTHERAPY with Lisa Douglas MA, BA (Hons)**

***Dramatherapy - Creativity is the key to communication and change.***

Therapy is often about talking our problems through. Dramatherapy offers something different and unique: the chance to explore challenging feelings that may be holding us back in our lives and relationships, in creative and dynamic ways.

It is a intended safe form of reality where we can begin to make experiments and rehearse change.

Tel: 07799 738449

Email: [dramatherapy1@talktalk.net](mailto:dramatherapy1@talktalk.net)

Web: [dramatherapy.yolasite.com](http://dramatherapy.yolasite.com)

*"You have this amazing natural ability to 'hold' the therapy and make me feel safe. You are so gentle, yet you challenged me to work with my inner negative perceptions in a concrete and productive way, thank you so much..."*

**Classical trained and very experienced flute and recorder teacher gives lessons near the school.**

For further details please contact Katrin Heymann on 01273 622338 or email [katrin.flute@gmail.com](mailto:katrin.flute@gmail.com) or visit [www.musicteachers.co.uk](http://www.musicteachers.co.uk)

**Child Minder**

I am an ex Steiner school pupil and am currently studying Sociology at the University of Sussex. I'm 20 years old and am an experienced child-minder. If anyone needs any part time child-minding please contact me at [faith.rtd@live.co.uk](mailto:faith.rtd@live.co.uk)

**For Hire**

I have a Luton Van with tail lift and I'm available to do jobs like removals, rubbish clearance, deliveries etc. Please call Kerry – 07947996406

**Fitness Fridays.** 10-11am Happy Valley Park, Woodingdean.  
Bootcamp class – all fitness levels. £5

**Mums on the run.** Mondays 9am – 9.45am, meet at the entrance of East Brighton Park.  
Fitness class for Mums with or without kids in buggies.  
Beginners welcome. £5

For more info call Lisa 07790 538 958

**Former Steiner Parent** has an allotment at Roedale Valley. It is long and flat and I have had it for 16 years.

I would welcome someone to share it, as it is too big for me now.

I have paid up to Oct - so no cost.

If interested please call Kate Statham on 01273 607490 or 07812949875

**Cat Sitter Wanted** for 4<sup>th</sup> – 12<sup>th</sup> April (or part thereof).

1 bed garden flat 10 mins from school, sea views. Old cat, easy going, likes a cuddle.

Contact Jane Addey – 01273 692 304

We are parents of a pupil of the Steiner School in Avignon in France and want to rent our house during July and august 2015 holidays. Could you please give following information in your school :

" We are parents of a pupil of the Steiner School in Avignon (South of France) and want to give to rent our house during next summer holidays. For 5/6 or persons, it is an ideal spot to discover Provence, with swimming-pool, ping-pong table, trampoline. Rent price 760 euros a week.

<http://maisonprovence84.canalblog.com> . In addition to that, you can rent a Mobile-Home for 4 persons. Rent price for the house + mobilhome 1250 a week. <http://mobilhome84.canalblog.com>  
For information 00.33.490.51.97.17 / 00.33.668.40.50.01 - [maisonprovence775@gmail.com](mailto:maisonprovence775@gmail.com) "

Thank you very much

Bruno and Sylvie Hildesheim Duchateau



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