

# BRIGHTON STEINER SCHOOL NEWS LETTER

# 23rd Jan 2015 SPRING TERM, ISSUE 2

"Winter is not a season, it's an occupation"







### HAPPY NEW YEAR TO YOU ALL

The PTA held their first meeting of the new year on Monday 19th January - we apologize for the lack of notice to the community. We want to welcome anyone from the School Community to the committee meetings.

Our discussions on Monday were centred around re-capping on all ongoing projects and looking at closures on some uncompleted tasks. We quite quickly went on to view our new calendar of up coming events.

If you are interested in helping on any event, please contact us.

### Dates for your diary

23rd February `15 - Committee Meeting 8pm School Hall
28th Feb "School Work Day" - PTA will be catering for all the hungry workers
16th March `15 - PTA`s first AGM

25th April "Sponsored Walk" - PTA will be organizing whole event. (walk marshels/ 1st aiders/ caterers)

The School Calendars are still on SALE - they are very useful as all the term dates and colour coded festivals are included with some very important School Open day, Work Day and Fundraiser dates highlighted. You can purchase them from Reception or Hawk Supplies.

A very big THANK YOU must go to Lisa for all the hard work she put into the photographs on our School Calendar, too all the children for the poses. Thank you to the teachers for giving the photographer the time to take the pictures and to the team who put it all together THANK YOU. All the comments sent to us were very much appreciated.

PTA are looking for a Graphic designer and Anyone within our community that works in Barclays Bank Are you this person? Please get in touch!

The PTA would like to hear from you, so if you have any ideas, suggestions,or comments - positive and negative! If you are interested in getting involved or want to volunteer your help with one of our many projects that may be of interest to you - please send us an email: <a href="mailto:thebrightonsteinerschoolpta@outlook.com">thebrightonsteinerschoolpta@outlook.com</a>

Without your input we will not know if we are getting it right or wrong!

Watch this space - this is where we will keep you updated on PTA news.

# PARENTS WELCOME INFORMATION MEETING

Thursday 5th February at 9am in the Library.

Whether your child has recently joined the school or you have been a here for years and years there may be many questions you would like to ask about how the school operates and why we do what we do, on a practical level.

We would be delighted to welcome you for coffee and biscuits in the hand work room at 9am on Thursday.

Rosie and the PTA

### DATES FOR YOUR DIARY

30<sup>th</sup> Jan - The Cabin 31<sup>st</sup> Jan - Ceilidh Dance 5<sup>th</sup> Feb - Welcome Meeting

6<sup>th</sup> Feb - Fundraiser

23<sup>rd</sup> Feb - PTA

24<sup>th</sup> Feb - Community Choir

27<sup>th</sup> Feb - The Cabin

28<sup>th</sup> Feb - PTA 16<sup>th</sup> March - PTA

20<sup>th</sup> March - The Cabin

25<sup>th</sup> April - PTA

### **CLASS 3 FUNDRAISER**

We will be holding a small second hand / Bric-a-Brac event in the hall on Friday  $6^{\rm th}$  February from 1pm.

There will be lots of wonderful things to buy as well as hot Soup and Cake.

Please can you donate items, clothes, toys etc in the morning from Tuesday 3<sup>rd</sup> February. I will bring my car into the main entrance.

Please contact Mary Fish at mazcutler@yahoo.co.uk

Thank you

### POST BAZAAR CLEAR UP

There are still things waiting to be collected by the kind people who lent them out for the Chai Café.

Help is also needed with.....

- washing down the table cloths.
- Taking greenery to the recycling centre

Thank you

# Lost property

There is SO MUCH lost property! Please have a look through. Remember to label your children's clothing! Thank you

# Hawk Supplies

### New in:

Two delicious Granolas - £3.46 & £3.42

Sunflower-seed Butter - £2.31\*

Raw Chocolate Orange & Xylitol bar - £1.59\*

Zero laundry liquid 1.5 Lt - £5.55\*

Echinacea Tea - £1.83\*

Coconut Water 1 Lt - £2.80\*

Ginger & Lime Shower gel - £3.68\*

Kitchen Roll x 2 - £1.22

Special Offers: \* above, plus

Choccy Seeds Tub - £3.62

Coconut Rice Milk - £1.59

Throat Comfort Tea - £1.83

Latin American Coffee - £3.22

Laundry Liquid 1.5 Lt - £3.85

There are still shifts that need covering. If you would like to take on a shift, please contact Lesley on 07751172324.

We are also looking for someone who could reliably weigh and bag up on Wednesdays.

The Friends of Brighton Steiner School invite you to join them in a Warming Winter Ceilidh with the Knees Up Band

Date: Saturday 31 January

Time: 7.30-10.30pm

**Venue: Brighton Steiner School** 

Children 14+ only

Ticket price includes a light supper - £10 in advance/ £12 on

the door (subject to availability)

Tickets can be purchased from the school office or online at <a href="http://www.warmingwinterceilidh.eventbrite.com">http://www.warmingwinterceilidh.eventbrite.com</a>

Wonderful fun! All welcome.



# **Community Choir**

The Community Choir resumes practise on Tuesday 24<sup>th</sup> February 7.30 - 9pm.

All welcome.

Contact Katrin Heymann at katrin.flute@gmail.com for details.

### Wanted: Supply Staff

Are you interested in working with young children?

The Early Years department (including Singing Tree Steiner Kindergarten in Falmer) is recruiting supply and cover staff.

Please contact Rosie Harrison (administrator) for further details

### **SCHOOL CALENDAR**

You can order you beautiful school calendar from reception.

It makes a wonderful stocking filler, but be quick, they're selling fast!

### ~THE CABIN~

The Brighton Steiner School's very own onsite venue producing an evening of acoustic entertainment once a month to raise funds for the school. Have you been yet?!

The first half is hosted by harmony trio The Kites and is also open to anyone wishing to perform in an 'open-mic' style in the company of a warm, supportive crowd.

The second half will feature a different artist every month, bringing their wonderful talents to our school for free! Next Friday (30<sup>th</sup>) sees Gus Macgregor return with his charming and witty original compositions.

Doors 7.30 ~ Tickets £4 (on the door only)

### **COMMUNITY BOOK SHELF**

There is a new community bookshelf opposite the Sunroom door.

- Please donate books
- Feel free to browse
- Minimum donation 50p
- Give the money to reception

If you are interested in doing a shift at the School Shop please contact Lesley on 07751172324. Volunteers not only support this fundraiser for the school but get to play shops and receive a 10% discount on our already cheap prices!

### **LOWER SCHOOL ORCHESTRA**

The Lower School Orchestra is for classes 4-6. We have only a few pupils who are currently learning a solo instrument outside school and we would really like to encourage more families to take on this commitment. Pupils who play an instrument learn many things from the process, self discipline, perseverance and commitment as well as the musical skills themselves. It also helps to round out the orchestral sound if there are a wider range of instrumental players.

There is a sheet available in reception if you would like your child to take up an instrument and if you could complete this, stating your child's name and age and the instrument they would like to learn we will try and put you in touch with a teacher. We are able to make rooms available after school for instrument lessons if there are enough pupils for a particular teacher.

Popular orchestral instruments in the past have been, violin, viola, cello, flute, guitar, clarinet, but if you or your child would like to learn something different write it down anyway and we'll see if there's anyone we know who could teach them!

Christina Sahin and Katrin Heymann are now available to teach Violin and Flute respectively.

For further information please contact reception.

### **Pedestrian Safety**

- Please do not park on the yellow or zigzag lines outside the school.
- Please do not park at the school gates.

Thank you

### PARENTS!

Please **do not** allow your child to throw stones/sticks/leaves into the Flow-Form (Rose Garden water feature). Many thanks, Annette.

We still have items from the Christmas Bazaar that were loaned to us.

If you have not yet collected anything you loaned please come and collect from the school.

Many thanks.

### **REMINDER!!**

Please do not use your mobile phone on School premises. Many thanks. College

# Wanted: Three wheeler/ all terrain buggy

Singing Tree like the other kindergartens, are walking daily and the children are benefiting and getting stronger.

We have two young children starting in January, one under three, so a pushchair would help us continue to walk.

Any offers please contact Jasmin on the Singing Tree Phone, Thanks. 07443981560

Lift share from Newhaven starting in January. Does anyone have space in their car for an extra passenger?

Please contact Louise on 07899 692026

We thank you for not bringing in Dogs on to the premises

### New legislation from the Food Standards Agency - regarding ALLERGENS information

For any foods which are provided by the school we must inform the consumer if any of the 14 major allergens (listed below) are present:

Celery

Cereals containing gluten

Crustaceans

Eggs

Fish

Lupin

Milk

Molluscs

Mustard

Nuts

Peanuts

Sesame seeds

Sova

Sulphur Dioxide

The school is aware that there are other allergens which pupils may be allergic to but currently it is only the above which we are legally obliged to highlight.

It is essential that the school is kept updated with any medical conditions your children may have as we will continue to take careful consideration.

### The instances where food is provided for the pupils, staff and the wider community are:

School lunches

Early Years shared snacks, lunches and fundraising activities

Main school shared snacks and fundraising activities

Class camps

School festivals

Major fundraising events

School shop

Allergen information will be communicated for all of the above by those providing and preparing the food.

Contact me for further details for managing this communication process. I will provide an information pack which will contain:

- Risk assessment
- Excerpts of the Food Standards Agency guidance
- A list of the above allergens and examples of which foods they can be found
- Food allergen labels

This paperwork is essential reference material for parents who are preparing food, cakes, biscuits are home for class sharing (eg birthday cakes) and fundraising.

### Communication:

Please look out for ongoing emails, notices and newsletter items for details of allergens present in foods provided by the school.

Parent evenings may be a forum for futher explanation - it would be helpful for class contacts to meet with me first.

Thanks,

Annette

Health & Safety Coordinator

# ARTHUR AND JAKE'S HOLIDAY CLUB



More physical feats, forest fun, games on the lawn, bushcraft, awareness and tracking, food at the fireside, stories, natural discoveries, nature trails, wild riddles...and much more.

Dates: Monday 16<sup>th</sup> February - Friday 20<sup>th</sup> February

Time: 8.30am - 2.30pm

Where?: Stanmer Park

Drop off: 8.30-9.30am - On the green opposite Stanmer

House

Ages: 5-10 years

Cost: £20/day - Book the whole week before Feb 5th to

receive a 10% Discount

- 20% Discount for the second sibling

To book or for further info contact Jake at warsarnay@yahoo.com or 07517697499



Brighton Steiner School does not necessarily endorse the courses or adverts included in the newsletter.

### **Visiting Students**

#### Au Pair:

My name is Jule Luisa Bender and I am 18 years old. I live in Germany and attend the last class of the Freie-Waldorfschule Haan-Gruiten.

I would like to work as an au pair in England for the summer of 2015. I have some experiences with children because I have two brothers and one sister. I have different families where I babysit and I did my social internship two years ago in Carries Kindergarten. In my free time I like to play the guitar, sports and photography.

Please email me if you need an au pair or if you know any family that needs one. Thank you. Jule.Luisa@gmx.de

My name is Grace Pambu Pesa and I am 16. I live in Switzerland and am currently in year 9. I would like to work as an Au Pair in July and August. I am very patient with children and often baby-sit my neighbors 5 year old child, creating various activities to keep them entertained!

For further details please contact me, Grace Pambu Pesa at <a href="mailto:nyotapambu@yahoo.fr">nyotapambu@yahoo.fr</a> or my linguistic exchange teacher Christine Racine 024 441 49 72 / 079 935 38 31

My name is Theresa and currently I'm a student at the Steiner school in Frankfurt, Germany. In June I will finish my school career with my Abitur (A-levels). After this, I want to spent a year as an Au-Pair in the UK.

I thought about ways how I could find my perfect family. At my school I often see postings from students who want to come as an au-pair to Germany, or from around the world. Are there are families who need an au-pair? I look forward hearing from you.

Theresa Mülverstedt theresa-muelverstedt@web.de

### To Let

**COTTAGE IN MALLORCA** surrounded by orchards, with swimming pool. It is off the tourist track but 5 mins from the village and the main road to airport, mountains and beaches and ideal for a family or personal retreat. There is also some separate accommodation, so two families could share while living semi-independently. Phone Graham: 01452 812 537 or email kennish46@qmail.com

**Beautiful flat** to rent very close to Brighton Steiner School. Located on Chichester Terrace, adjacent to Sussex Square, with access to the wonderful gardens of Sussex Square. 2 double bedrooms and 1 single bedroom/study, with patios at the front and back of the property. The flat is available to rent immediately for £1900 per month. We are open to offers. Please contact Rosie on 07960 214673 / 01273 604758

### Room for rent

I have a lovely room for rent in my family home, just 2 mins from the Brighton Steiner School. It's a Small but perfectly lovely double room, in a perfectly lovely newly refurbished house, just £500 a month. Please contact me for further details.

Diana Banham 07765 788857

### Camperfun.Co

Friendly family run Camper hire in Brighton. Lots of availability this summer. Introductory offer and 10% off for Steiner parents! Call 01273 724 738 or e-mail Emily@camperfun.co

### **Wanted**

### **House to Rent**

We are a family of 4 with two children at the Brighton Steiner School and we are desperately looking for a 2-3 bed house or ground floor flat for a short period of between 3 to 6 months from mid-end of February.

We are in the process of buying a house and waiting for the chain to resolve. We are clean living, non-smoking and also own a well behaved and clean cat!

We are happy with furnished or unfurnished but with a minimum of kitchen fittings and heating.

Our budget is around £1200/month.

We can provide a good reference from our current landlord.

Please contact Bruce - 07958596793 - jacksonbruce@mac.com or

Julie - 07961054245 - j.m.g.delwarde@gmil.com

#### Home to rent

We're looking for home to rent. A large one bed or even a two bed. Something on a ground floor or with lift access (or as few stairs as possible) and the absolute best would be to have a little outside space to grow strawberries and flowers. We need to move out by 28 March (Easter Holidays) or we could take a holiday and move in when term starts. We are great tenants, come with good references and all that. If you know of something suitable please contact Charlotte on 07769413090.

Many thanks

Charlotte & Eli (Sally's Kindergarten)

**Looking for** a play-frame, wooden kitchen, wooden kitchen utensils, small wooden shelves, veils, and natural baby toys, to create a play corner for my young children. If you have anything to give away/going cheap please contact Julia: 07455299288 or <a href="mailto:elui@gmx.net">elui@gmx.net</a>

### **HOUSE/PET sitting required.**

11FEB - 21 FEB

In our family home in Saltdean, near Brighton (10 mins)

Nice 2 bedroom bungalow, wood burner in living room, with driveway, sea views, 2 mins from Sussex downland, 5 mins from beach, and easy to reach the city center.

Includes looking after lovely 8 month old puppy, cat and gerbils too.

Your full time attention is not needed as pup is ok to be left at home for a few hours, and we have neighbors who are able to have the pup too, but just not for the duration of the 10 days.

Please get in touch if you or anyone you know would be interested.

Cheers Stella x

07786415650, stella.harding@yahoo.co.uk

**I am looking** for 2<sup>nd</sup> hand toys (Ostheiner, wooden kitchen etc) for my 9 month old boy. Please email candacehilton2000@yahoo.co.uk

### **Accomodation Needed**

Part time Steiner School Teacher needs accommodation for 3 nights a week – Tuesday, Wednesday & Thursday. Please call Sam - 07518296129

### **Living**

**Prenatal Yoga** Class @ Rottingdean Village Hall, Saturday's from 9.45-10.45. Please call Bee for more details and to book your space 07880898094

### Homeopathy at Rock Clinic

270 Eastern Road. Maggie O'Riordan RSHom.

Appointments 07793200959; www.homeopathyinbrighton.co.uk

Email: Maggie@homeopathyinbrighton.co.uk

Concessionary rates available

### **Scenar Therapy** - A non-invasive biofeedback device to help the body self regulate.

Do you or your children suffer from any of the following?

- Stress
- Anxiety
- Sleep problems
- IBS
- Pain
- Depression
- Fatigue

Available for adults and children.

For more information please contact Jake Thompson (School Reception) - 07517697499

# CREATIVE PSYCHOTHERAPY with Lisa Douglas MA, BA (Hons) Dramatherapy - Creativity is the key to communication and change.

Therapy is often about talking our problems through. Dramatherapy offers something different and unique: the chance to explore challenging feelings that may be holding us back in our lives and relationships, in creative and dynamic ways.

It is a intended safe form of reality where we can begin to make experiments and rehearse change.

Tel: 07799 738449 Email: dramatherapy1@talktalk.net Web: dramatherapy.yolasite.com

"You have this amazing natural ability to 'hold' the therapy and make me feel safe. You are so gentle, yet you challenged me to work with my inner negative perceptions in a concrete and productive way, thank you so much..."

Classical trained and very experienced flute and recorder teacher gives lessons near the school. For further details please contact Katrin Heymann on 01273 622338 or email katrin.flute@gmail.com or visit www.musicteachers.co.uk

### **Child Minder**

I am an ex Steiner school pupil and am currently studying Sociology at the University of Sussex. I'm 20 years old and am an experienced child-minder. If anyone needs any part time child-minding please contact me at faith.rtd@live.co.uk

Thank you Faith

### **For Hire**

I have a Luton Van with tail lift and I'm available to do jobs like removals, rubbish clearance, deliveries etc. Please call Kerry - 07947996406

### Weleda

20% off all Face and Body care products. Last few days, Sale ends midday on Friday Please call Christine on 07985985520 or call in at 2 Henley Road to order. Collect a catalogue or sample from the school notice shelf.

# **Brighton Steiner School** Diary of Events for 2014/2015

(Events highlighted in the colours to be worn)

Event	Date	Time	Venue	Other info
Michaelmas	Mon 29 <sup>th</sup> Sep	11.30am	Whole school	
Festival			grounds	
Martinmas Festival	Tue 11 <sup>th</sup> Nov	4.30pm	A park	Lantern Walk
Advent Assemblies	Mondays 1 <sup>st</sup> , 8 <sup>th</sup> & 15 <sup>th</sup>	9am	School hall	
	Dec			
	Christmas	Celebrations		
St Nicholas's Visit	Mon 8 <sup>th</sup> Dec			
Carol Concert	Mon 15 <sup>th</sup> Dec	4 - 5pm	St Georges	
	<b>*</b> h	- 1	Church	
Shepherds Play	Tue 16 <sup>th</sup> Dec		School hall	
Epiphany Assembly	Wed 7 <sup>th</sup> Jan	9am	School hall	
Candlemas Assembly	Mon 2 <sup>nd</sup> Feb	9am	School hall	
Easter Assembly &	Pre - Fri 27 <sup>th</sup>	From 9am	School hall	
Concert	Mar			
	Post - Tue 21 <sup>st</sup> April			
May Day	Wed 13 <sup>th</sup> May	11.30am	School	White tops, colourful
			grounds	bottoms Cancelled if raining
Whitsun	Thur 21 <sup>st</sup> May	9am	School hall	cancetted if fairing
Celebration				
St. John's Festival	Wed 24 <sup>th</sup> Jun	11.30am	Playground	No flowing clothes as fire jumping.
End of year	Fri 15 <sup>th</sup> Jul			
Celebration Barn Dance	Sat 31 <sup>st</sup> Jan			Friends of B.S.S

## **Major School Fundraisers**

Autumn Term:

Christmas Bazaar - Sat 6<sup>th</sup> December London - Brighton Bike Ride -21<sup>st</sup> June 2015 Summer Term: