



BRIGHTON STEINER SCHOOL NEWS LETTER

9th Jan 2015
SPRING TERM, ISSUE 1

"If winter comes, can spring be far behind?"

The Friends of Brighton Steiner School

WARMING WINTER CEILIDH

With

THE KNEES UP BAND

at **BRIGHTON STEINER SCHOOL**

Roedean Rd

7.30-10.30 Saturday 31st Jan 2015

Tickets including light supper:
£12 on the door, or £10 advance (available from:
<https://warmingwinterceilidh.eventbrite.com>)

Children 14+ Only

The Friends of Brighton Steiner School invite you to join them in a Warming Winter Ceilidh with the Knees Up Band

Date: Saturday 31 January

Time: 7.30-10.30pm

Venue: Brighton Steiner School

Children 14+ only

Ticket price includes a light supper - £10 in advance/ £12 on the door (subject to availability)

Tickets can be purchased from the school office or online at

<http://www.warmingwinterceilidh.eventbrite.com>

Wonderful fun! All welcome.

Wanted: Three wheeler/ all terrain buggy

Singing Tree like the other kindergartens, are walking daily and the children are benefiting and getting stronger.

We have two young children starting in January, one under three, so a pushchair would help us continue to walk.

Any offers please contact Jasmin on the Singing Tree Phone, Thanks. 07443981560

Steiner family needed to host a Dutch student teacher for this term. She will be with the School for 3 months and is happy to pay toward rent/costs. Please contact reception if you are interested

Lift share from Newhaven starting in January. Does anyone have space in their car for an extra passenger? Please contact Louise on 07899 692026

Lost property

There is SO MUCH lost property! Please have a look through. Remember to label your children's clothing! Thank you

Wanted: Supply Staff

Are you interested in working with young children?

The Early Years department (including Singing Tree Steiner Kindergarten in Falmer) is recruiting supply and cover staff.

Please contact Rosie Harrison (administrator) for further details

SCHOOL CALENDAR

You can order your beautiful school calendar from reception.

It makes a wonderful stocking filler, but be quick, they're selling fast!

We still have items from the Christmas Bazaar that were loaned to us.

If you have not yet collected anything you loaned please come and collect from the school.

Many thanks.

LOWER SCHOOL ORCHESTRA

The Lower School Orchestra is for classes 4-6. We have only a few pupils who are currently learning a solo instrument outside school and we would really like to encourage more families to take on this commitment. Pupils who play an instrument learn many things from the process, self discipline, perseverance and commitment as well as the musical skills themselves. It also helps to round out the orchestral sound if there are a wider range of instrumental players.

There is a sheet available in reception if you would like your child to take up an instrument and if you could complete this, stating your child's name and age and the instrument they would like to learn we will try and put you in touch with a teacher. We are able to make rooms available after school for instrument lessons if there are enough pupils for a particular teacher.

Popular orchestral instruments in the past have been, violin, viola, cello, flute, guitar, clarinet, but if you or your child would like to learn something different write it down anyway and we'll see if there's anyone we know who could teach them!

Christina Sahin and Katrin Heymann are now available to teach Violin and Flute respectively.

For further information please contact reception.

COMMUNITY BOOK SHELF

There is a new community bookshelf opposite the Sunroom door.

- ★ Please donate books
- ★ Feel free to browse
- ★ Minimum donation 50p
- ★ Give the money to reception

If you are interested in doing a shift at the School Shop please contact Lesley on 07751172324. Volunteers not only support this fundraiser for the school but get to play shops and receive a 10% discount on our already cheap prices!

Hawk Supplies

New in:

Two delicious Granolas - £3.46 & £3.42

Sunflower-seed Butter - £2.31*

Raw Chocolate Orange & Xylitol bar - £1.59*

Zero laundry liquid 1.5 Lt - £5.55*

Echinacea Tea - £1.83*

Coconut Water 1 Lt - £2.80*

Ginger & Lime Shower gel - £3.68*

Kitchen Roll x 2 - £1.22

Special Offers: * above, plus

Choccy Seeds Tub - £3.62

Coconut Rice Milk - £1.59

Throat Comfort Tea - £1.83

Latin American Coffee - £3.22

Laundry Liquid 1.5 Lt - £3.85

There are still shifts that need covering. If you would like to take on a shift, please contact Lesley on 07751172324.

We are also looking for someone who could reliably weigh and bag up on Wednesdays.

PARENTS!

Please **do not** allow your child to throw stones/sticks/leaves into the Flow-Form (Rose Garden water feature).
Many thanks, Annette.

Pedestrian Safety

- Please do not park on the yellow or zigzag lines outside the school.
- Please do not park at the school gates.

Thank you

REMINDER!!

Please do not use your mobile phone on School premises. Many thanks. College

**We thank you for not bringing in Dogs
on to the premises**

New legislation from the Food Standards Agency - regarding ALLERGENS information

For any foods which are provided by the school we must inform the consumer if any of the 14 major allergens (listed below) are present:

Celery
Cereals containing gluten
Crustaceans
Eggs
Fish
Lupin
Milk
Molluscs
Mustard
Nuts
Peanuts
Sesame seeds
Soya
Sulphur Dioxide

The school is aware that there are other allergens which pupils may be allergic to but currently it is only the above which we are legally obliged to highlight.

It is essential that the school is kept updated with any medical conditions your children may have as we will continue to take careful consideration.

The instances where food is provided for the pupils, staff and the wider community are:

School lunches
Early Years shared snacks, lunches and fundraising activities
Main school shared snacks and fundraising activities
Class camps
School festivals
Major fundraising events
School shop

Allergen information will be communicated for all of the above by those providing and preparing the food.

Contact me for further details for managing this communication process. I will provide an information pack which will contain:

- Risk assessment
- Excerpts of the Food Standards Agency guidance
- A list of the above allergens and examples of which foods they can be found
- Food allergen labels

This paperwork is essential reference material for parents who are preparing food, cakes, biscuits are home for class sharing (eg birthday cakes) and fundraising.

Communication:

Please look out for ongoing emails, notices and newsletter items for details of allergens present in foods provided by the school.

Parent evenings may be a forum for further explanation - it would be helpful for class contacts to meet with me first.

Thanks,
Annette
Health & Safety Coordinator

NoticeBoard

Brighton Steiner School does not necessarily endorse the courses or adverts included in the newsletter.

Visiting Students

Au Pair:

My Name is Jule Luisa Bender and I am 18 years old. I live in Germany and attend the last class of the Freie-Waldorfschule Haan-Gruiten.

I would like to work as an au pair in England for the summer of 2015. I have some experiences with children because I have two brothers and one sister. I have different families where I babysit and I did my social internship two years ago in Carries Kindergarten. In my free time I like to play the guitar, sports and photography.

Please email me if you need an au pair or if you know any family that needs one. Thank you.

Jule.Luisa@gmx.de

To Let

COTTAGE IN MALLORCA surrounded by orchards, with swimming pool. It is off the tourist track but 5 mins from the village and the main road to airport, mountains and beaches and ideal for a family or personal retreat. There is also some separate accommodation, so two families could share while living semi-independently. Phone Graham : 01452 812 537 or email kennish46@gmail.com

Beautiful flat to rent very close to Brighton Steiner School. Located on Chichester Terrace, adjacent to Sussex Square, with access to the wonderful gardens of Sussex Square. 2 double bedrooms and 1 single bedroom/study, with patios at the front and back of the property. The flat is available to rent immediately for £1900 per month. We are open to offers. Please contact Rosie on 07960 214673 / 01273 604758

Camperfun.Co

Friendly family run Camper hire in Brighton. Lots of availability this summer. Introductory offer and 10% off for Steiner parents! Call 01273 724 738 or e-mail Emily@camperfun.co

Wanted

House to Rent

We are two friends, Mal and Emily, looking for a 3 or 4 bedroom house in the east Brighton area. We are newly qualified paramedics who enjoy various outdoor activities, occasional nights out and occasional nights in. We would like 1 or 2 people to join us and plan to view properties each weekend from the end of October and throughout November. We'd love to meet you in order to discuss what you're looking for and get to know you. You're more than welcome to join us when we view houses and have input on the property. Please let us know a bit about yourself by email or phone.

mmacgregor@hotmail.co.uk 07976253714

Looking for a play-frame, wooden kitchen, wooden kitchen utensils, small wooden shelves, veils, and natural baby toys, to create a play corner for my young children. If you have anything to give away/going cheap please contact Julia : 07455299288 or eluj@gmx.net

I am looking for 2nd hand toys (Ostheiner, wooden kitchen etc) for my 9 month old boy.

Please email candacehilton2000@yahoo.co.uk

Accommodation Needed

Part time Steiner School Teacher needs accommodation for 3 nights a week – Tuesday, Wednesday & Thursday. Please call Sam - 07518296129

Living

Prenatal Yoga Class @ Rottingdean Village Hall, Saturday's from 9.45-10.45. Please call Bee for more details and to book your space 07880898094

Homeopathy at Rock Clinic

270 Eastern Road. Maggie O'Riordan RSHom.

Appointments 07793200959; www.homeopathyinbrighton.co.uk

Email: Maggie@homeopathyinbrighton.co.uk

Concessionary rates available

Scenar Therapy - A non-invasive biofeedback device to help the body self regulate.

Do you or your children suffer from any of the following?

- Stress
- Anxiety
- Sleep problems
- IBS
- Pain
- Depression
- Fatigue

Available for adults and children.

For more information please contact Jake Thompson (School Reception) - 07517697499

CREATIVE PSYCHOTHERAPY with Lisa Douglas MA, BA (Hons)

Dramathrapy - Creativity is the key to communication and change.

Therapy is often about talking our problems through. Dramathrapy offers something different and unique: the chance to explore challenging feelings that may be holding us back in our lives and relationships, in creative and dynamic ways.

It is a intended safe form of reality where we can begin to make experiments and rehearse change.

Tel: 07799 738449

Email: dramathrapy1@talktalk.net

Web: dramathrapy.yolasite.com

"You have this amazing natural ability to 'hold' the therapy and make me feel safe. You are so gentle, yet you challenged me to work with my inner negative perceptions in a concrete and productive way, thank you so much..."

Classical trained and very experienced flute and recorder teacher gives lessons near the school.

For further details please contact Katrin Heymann on 01273 622338 or email katrin.flute@gmail.com or visit www.musicteachers.co.uk

For Hire

I have a Luton Van with tail lift and I'm available to do jobs like removals, rubbish clearance, deliveries etc. Please call Kerry - 07947996406

Weleda

Weleda sale for January. 20% off all Face and Body care products.
Please call Christine on 07985985520 or call in at 2 Henley Road to order.

Brighton Steiner School

Diary of Events for 2014/2015

(Events highlighted in the colours to be worn)

Event	Date	Time	Venue	Other info
Michaelmas Festival	Mon 29 th Sep	11.30am	Whole school grounds	
Martinmas Festival	Tue 11 th Nov	4.30pm	A park	Lantern Walk
Advent Assemblies	Mondays 1 st , 8 th & 15 th Dec	9am	School hall	
Christmas Celebrations				
St Nicholas's Visit	Mon 8 th Dec			
Carol Concert	Mon 15 th Dec	4 - 5pm	St Georges Church	
Shepherds Play	Tue 16 th Dec		School hall	
Epiphany Assembly	Wed 7 th Jan	9am	School hall	
Candlemas Assembly	Mon 2 nd Feb	9am	School hall	
Easter Assembly & Concert	Pre - Fri 27 th Mar Post - Tue 21 st April	From 9am	School hall	
May Day	Wed 13 th May	11.30am	School grounds	White tops, colourful bottoms Cancelled if raining
Whitsun Celebration	Thur 21 st May	9am	School hall	
St. John's Festival	Wed 24 th Jun	11.30am	Playground	No flowing clothes as fire jumping.
End of year Celebration	Fri 15 th Jul			
Barn Dance	Sat 31 st Jan			Friends of B.S.S

Major School Fundraisers

Autumn Term:

Christmas Bazaar - Sat 6th December

Summer Term:

London - Brighton Bike Ride -21st June 2015