



# BRIGHTON STEINER SCHOOL NEWS LETTER

5th Feb 2015  
SPRING TERM, ISSUE 4

"Laughter is the sun that drives winter from the human face"

THE  
BRIGHTON  
STEINER SCHOOL

PTA



**CALENDER SALE** last few going for £8 each (cost price)

The Calenders are very useful as all the term dates and colour coded festivals are included with some very important School Open day, Work Day and Fundraiser dates highlighted.

You can purchase them from Reception or Hawk Supplies.

The PTA are looking for a .....

- *Graphic designer*
- *Anyone within our community that works in Barclays Bank*
- *Volunteers needed for 28 Feb 15 to help with food prep and serving "school work day"*
- *Positions available in the "Sponsored Walk 25 April 15" - Walk marshals, 1st Aiders, Caterers.*

**Are you this person? Please get in touch!**

**The next PTA committee meeting is on 23rd February 2015 in school hall (time tbc)**

The PTA would like to hear from you, so if you have any ideas, suggestions, or comments - positive and negative! If you are interested in getting involved or want to volunteer your help with one of our many projects that may be of interest to you - please send us an email:

[thebrightonsteinerschoolpta@outlook.com](mailto:thebrightonsteinerschoolpta@outlook.com)

Without your input we will not know if we are getting it right or wrong!

Watch this space - this is where we will keep you updated on PTA news.

Request to the School Community for the Upper School Drama production:

- Old fashioned large flash camera
- Soda Siphon Bottle
- Old fashioned microphone
- A ventriloquist dummy

If you have any of these items we would love to borrow them for our play!  
Please contact reception.

Thank you, Lisa

## DATES FOR YOUR DIARY

6 <sup>th</sup> Feb	-	Fundraiser
23 <sup>rd</sup> Feb	-	PTA
24 <sup>th</sup> Feb	-	Community Choir
27 <sup>th</sup> Feb	-	The Cabin
28 <sup>th</sup> Feb	-	PTA
16 <sup>th</sup> March	-	PTA
20 <sup>th</sup> March	-	The Cabin
25 <sup>th</sup> April	-	PTA

### CLASS 3 FUNDRAISER

We will be holding a small second hand / Bric-a-Brac event in the hall on Friday 6<sup>th</sup> February from 1pm.

There will be lots of wonderful things to buy as well as hot Soup and Cake.

Please can you donate items, clothes, toys etc in the morning from Tuesday 3<sup>rd</sup> February. I will bring my car into the main entrance.

Please contact Mary Fish at [mazcutler@yahoo.co.uk](mailto:mazcutler@yahoo.co.uk)

Thank you

### Erata - School Calendar

Please make the following adjustments to the 2015 school calendar:

- Wednesday 22 April **No Concert**
- Monday 7th September **In-service day**
- Tuesday 8th September **Staff preparation day**
- Wednesday 9th September **Main School starts**
- Thursday 10th September **Early Years Welcome Breakfast**
- Friday 11th September **Early Years starts**
- Wednesday 4th November **Early Years begins after half term**
- Friday 11th December **Early Years ends**
- Wednesday 16th December **Shepherds Play**

Many thanks

## Lost property

There is SO MUCH lost property! Please have a look through.  
Remember to label your children's clothing! Thank you

# Community Choir

The Community Choir resumes practise on Tuesday 24<sup>th</sup> February 7.30 - 9pm.

All welcome.

Contact Katrin Heymann at [katrin.flute@gmail.com](mailto:katrin.flute@gmail.com) for details.

## **Wanted: Supply Staff**

Are you interested in working with young children?

The Early Years department (including Singing Tree Steiner Kindergarten in Falmer) is recruiting supply and cover staff.

Please contact Rosie Harrison (administrator) for further details

This is Caleb Boyden picking up his Victor Ludorum Cup (Latin- winner of the games).



Caleb received the senior cup for winning the most swimming events at the Club Championships whilst Robin Boyden picked up the Junior cup (being held by his granddad in the photo.)

They pipped over 150 other swimmers to their titles. Caleb has also qualified for the South Zonals, a top competition for swimmers in the South of England.

The Zonals took place last weekend in the London Aquatic Centre (the Olympic pool). Well done Caleb !

## **COMMUNITY BOOK SHELF**

There is a new community bookshelf opposite the Sunroom door.

- ★ Please donate books
- ★ Feel free to browse
- ★ Minimum donation 50p
- ★ Give the money to reception

If you are interested in doing a shift at the School Shop please contact Lesley on 07751172324. Volunteers not only support this fundraiser for the school but get to play shops and receive a 10% discount on our already cheap prices!

## Job opportunities

The School is currently recruiting for the following posts:

- Educational Administrator

This role is at the very heart of the school. This is a full time managerial and administrative position involving compliance, personnel and liaising with outside bodies and the school community on many levels.

A full job description and application form are available from Rosie Harrison at

[admin@brightonsteinerschool.org.uk](mailto:admin@brightonsteinerschool.org.uk), who is the current school administrator, but will in future be more fully concentrating on her financial management role within the school. She is happy to have an informal conversation about this role if required.

- Kindergarten Assistant - Singing Tree Kindergarten, Falmer Village

We are very proud of our off-site kindergarten in the lovely old school house in Falmer, which is growing rapidly.

We are recruiting for an assistant to the teacher for 5 mornings per week. This could be a job-share. A knowledge of Steiner Waldorf Early Years practice is essential.

The Closing date for both roles is the 22nd of February

We still have items from the Christmas Bazaar that were loaned to us.

If you have not yet collected anything you loaned please come and collect from the school.

Many thanks.

### PARENTS!

Please **do not** allow your child to throw stones/sticks/leaves into the Flow-Form (Rose Garden water feature).

Many thanks, Annette.

### ~THE CABIN~

The Brighton Steiner School's very own onsite venue producing an evening of acoustic entertainment once a month to raise funds for the school. Have you been yet?!

The first half is hosted by harmony trio The Kites and is also open to anyone wishing to perform in an 'open-mic' style in the company of a warm, supportive crowd.

The second half will feature a different artist every month, bringing their wonderful talents to our school for free!

Doors 7.30 ~ Tickets £4 (on the door only)

### Pedestrian Safety

- Please do not park on the yellow or zigzag lines outside the school.
- Please do not park at the school gates.

Thank you

### REMINDER!!

Please do not use your mobile phone on School premises. Many thanks. College

**We thank you for not bringing in Dogs on to the premises**



**Spring time**

**WHOLE SCHOOL COMMUNITY WORKDAY**

Parents – Staff – Children

**AT  
THE BRIGHTON STEINER SCHOOL**

**OPEN TO ALL!**

**Saturday – 28<sup>th</sup> February  
10am – 1pm**

**We aim to work on indoor and outdoor jobs  
LUNCH WILL BE PROVIDED**

**PLEASE SIGN UP ON THE NOTICE BOARD**  
Even if you haven't decided what you will want to do.  
**IT IS GREAT TO KNOW NUMBERS IN ADVANCE**



Health & Safety notice: Children are welcome to participate but  
under direct parent supervision.

## **New legislation from the Food Standards Agency - regarding ALLERGENS information**

For any foods which are provided by the school we must inform the consumer if any of the 14 major allergens (listed below) are present:

Celery  
Cereals containing gluten  
Crustaceans  
Eggs  
Fish  
Lupin  
Milk  
Molluscs  
Mustard  
Nuts  
Peanuts  
Sesame seeds  
Soya  
Sulphur Dioxide

The school is aware that there are other allergens which pupils may be allergic to but currently it is only the above which we are legally obliged to highlight.

It is essential that the school is kept updated with any medical conditions your children may have as we will continue to take careful consideration.

The instances where food is provided for the pupils, staff and the wider community are:

School lunches  
Early Years shared snacks, lunches and fundraising activities  
Main school shared snacks and fundraising activities  
Class camps  
School festivals  
Major fundraising events  
School shop

Allergen information will be communicated for all of the above by those providing and preparing the food.

Contact me for further details for managing this communication process. I will provide an information pack which will contain:

- Risk assessment
- Excerpts of the Food Standards Agency guidance
- A list of the above allergens and examples of which foods they can be found
- Food allergen labels

This paperwork is essential reference material for parents who are preparing food, cakes, biscuits are home for class sharing (eg birthday cakes) and fundraising.

### **Communication:**

Please look out for ongoing emails, notices and newsletter items for details of allergens present in foods provided by the school.

Parent evenings may be a forum for further explanation - it would be helpful for class contacts to meet with me first.

Thanks,  
Annette  
Health & Safety Coordinator



# SINGING TREE NEWS!



Falmer pond on Tuesday's 'snowy walk'.

Jack Frost had been to visit and turned the brown fields to white, the puddles into ice-ray sculptures that crunched underfoot.

The snow glistened bright and we loved it!

The kindergartens at the main school were also lucky enough to have a snowy walk on Tuesday.

## **Wanted: Three wheeler/ all terrain buggy**

Singing Tree, like the other kindergartens, are walking daily and the children are benefitting and getting stronger.

We have two young children starting in January, one under three, so a pushchair would help us continue to walk.

Any offers please contact Jasmin on the Singing Tree Phone, Thanks. 07443981560



# ARTHUR AND JAKE'S HOLIDAY CLUB



More physical feats, forest fun, games on the lawn, bushcraft, awareness and tracking, food at the fireside, stories, natural discoveries, nature trails, wild riddles...and much more.

Dates: Monday 16<sup>th</sup> February – Friday 20<sup>th</sup> February

Time: 8.30am – 2.30pm

Where?: Stanmer Park

Drop off: 8.30-9.30am – On the green opposite Stanmer House

Ages: 5-10 years

Cost: £20/day – Book the whole week to receive a 10% Discount  
or  
– 20% Discount for the second sibling

To book or for further info contact Jake at  
warsarnay@yahoo.com or 07517697499



# NoticeBoard

**Brighton Steiner School does not necessarily endorse the courses or adverts included in the newsletter.**

## Visiting Students

### **Au Pair:**

**My name is Jule** Luisa Bender and I am 18 years old. I live in Germany and attend the last class of the Freie-Waldorfschule Haan-Gruiten.

I would like to work as an au pair in England for the summer of 2015. I have some experiences with children because I have two brothers and one sister. I have different families where I babysit and I did my social internship two years ago in Carries Kindergarten. In my free time I like to play the guitar, sports and photography.

Please email me if you need an au pair or if you know any family that needs one. Thank you.

[Jule.Luisa@gmx.de](mailto:Jule.Luisa@gmx.de)

**My name is Grace** Pambu Pesa and I am 16. I live in Switzerland and am currently in year 9. I would like to work as an Au Pair in July and August. I am very patient with children and often baby-sit my neighbours 5 year old child, creating various activities to keep them entertained!

For further details please contact me, Grace Pambu Pesa at [nyotapambu@yahoo.fr](mailto:nyotapambu@yahoo.fr) or my linguistic exchange teacher Christine Racine 024 441 49 72 / 079 935 38 31

**My name is Theresa** and currently I'm a student at the Steiner school in Frankfurt, Germany.

In June I will finish my school career with my Abitur (A-levels). After this, I want to spent a year as an Au-Pair in the UK.

I thought about ways how I could find my perfect family. At my school I often see postings from students who want to come as an au-pair to Germany, or from around the world.

Are there are families who need an au-pair? I look forward hearing from you.

Theresa Mülverstedt

[theresa-muelverstedt@web.de](mailto:theresa-muelverstedt@web.de)

## Wanted

### **House to Rent**

We are a family of 4 with two children at the Brighton Steiner School and we are desperately looking for a 2-3 bed house or ground floor flat for a short period of between 3 to 6 months from mid-end of February.

We are in the process of buying a house and waiting for the chain to resolve. We are clean living, non-smoking and also own a well behaved and clean cat!

We are happy with furnished or unfurnished but with a minimum of kitchen fittings and heating.

Our budget is around £1200/month.

We can provide a good reference from our current landlord.

Please contact Bruce - 07958596793 - [jacksonbruce@mac.com](mailto:jacksonbruce@mac.com) or

Julie - 07961054245 - [j.m.g.delwarde@gmail.com](mailto:j.m.g.delwarde@gmail.com)

### **Home to rent**

We're looking for home to rent. A large one bed or even a two bed. Something on a ground floor or with lift access (or as few stairs as possible) and the absolute best would be to have a little outside space to grow strawberries and flowers. We need to move out by 28 March (Easter Holidays) or we could take a holiday and move in when term starts. We are great tenants, come with good references and all that. If you know of something suitable please contact Charlotte on 07769413090.

Many thanks

Charlotte & Eli (Sally's Kindergarten)

### **Accommodation Needed**

Part time Steiner School Teacher needs accommodation for Monday nights. Please call Sam - 07518296129

## **Living**

**Prenatal Yoga Class @ Rottingdean Village Hall**, Saturday's from 9.45-10.45. Please call Bee for more details and to book your space 07880898094

### **Homeopathy at Rock Clinic**

270 Eastern Road. Maggie O'Riordan RSHom.

Appointments 07793200959; [www.homeopathyinbrighton.co.uk](http://www.homeopathyinbrighton.co.uk)

Email: [Maggie@homeopathyinbrighton.co.uk](mailto:Maggie@homeopathyinbrighton.co.uk)

Concessionary rates available

**Scenar Therapy** - A non-invasive biofeedback device to help the body self regulate.

Do you or your children suffer from any of the following?

- Stress
- Anxiety
- Sleep problems
- IBS
- Pain
- Depression
- Fatigue

Available for adults and children.

For more information please contact Jake Thompson (School Reception) - 07517697499

### **CREATIVE PSYCHOTHERAPY with Lisa Douglas MA, BA (Hons)**

#### ***Dramathrapy - Creativity is the key to communication and change.***

Therapy is often about talking our problems through. Dramathrapy offers something different and unique: the chance to explore challenging feelings that may be holding us back in our lives and relationships, in creative and dynamic ways.

It is a intended safe form of reality where we can begin to make experiments and rehearse change.

Tel: 07799 738449

Email: [dramathrapy1@talktalk.net](mailto:dramathrapy1@talktalk.net)

Web: [dramathrapy.yolasite.com](http://dramathrapy.yolasite.com)

*"You have this amazing natural ability to 'hold' the therapy and make me feel safe. You are so gentle, yet you challenged me to work with my inner negative perceptions in a concrete and productive way, thank you so much..."*

### **Classical trained and very experienced flute and recorder teacher gives lessons near the school.**

For further details please contact Katrin Heymann on 01273 622338 or email [katrin.flute@gmail.com](mailto:katrin.flute@gmail.com) or visit [www.musicteachers.co.uk](http://www.musicteachers.co.uk)

### **Child Minder**

I am an ex Steiner school pupil and am currently studying Sociology at the University of Sussex.

I'm 20 years old and am an experienced child-minder. If anyone needs any part time child-minding please contact me at [faith.rtd@live.co.uk](mailto:faith.rtd@live.co.uk)

### **For Hire**

I have a Luton Van with tail lift and I'm available to do jobs like removals, rubbish clearance, deliveries etc. Please call Kerry – 07947996406

### **2 GUINEA PIGS - FREE TO GOOD HOME.**

A BOY AND A GIRL CALLED CASPER AND CAPPUCCINO.

WE WILL INCLUDE TWO CAGES AN OUTSIDE CAGE AND A RUN AS WELL AS HAY AND FOOD.

PLEASE CONTACT CHRISTOPH VON KÜRTHY 07932662615